

I have the
ability to
succeed

Don't compare
your beginning
to someone
else's middle

I deserve
the best

I choose joy

No one is you
and that is
your power

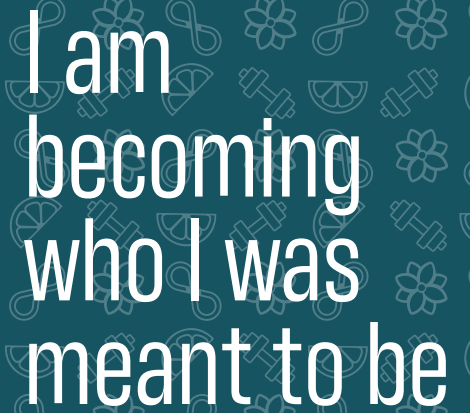
I add value
to the world



My
possibilities
are endless



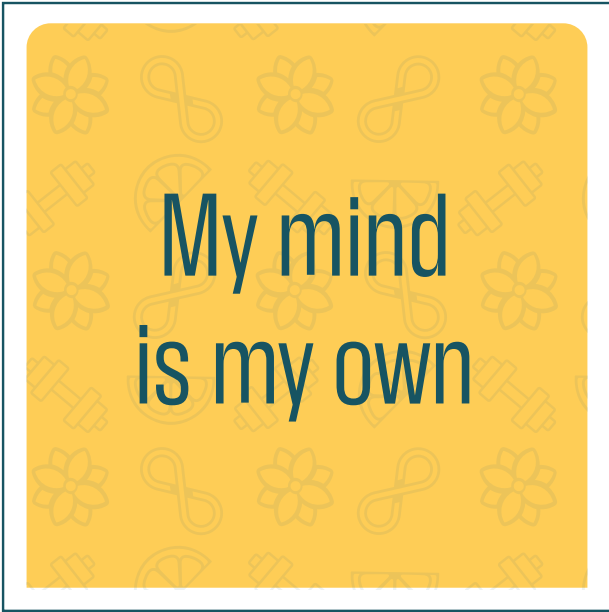
I am
beautiful,
powerful
and capable



I am
becoming
who I was
meant to be



I can
do this



My mind
is my own



I am
moving
forward

Forget
the mistake,
remember
the lesson

*I enjoy
my own
company*

My body
is a gift
and I love it

Time is not
refundable,
use it with
intention

I stay
true to my
inner being

Strive for
progress,
not perfection

I have the
courage to
live my dreams

Confidence
is a
process

I will
surprise
myself

I take care
of my spirit,
mind and body

Take a moment
to appreciate
how far you
have come

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