

Bowles Chapel Lecture Series 2026

Collaborative Holistic Care



Friday, January 30, 2026 • 8 a.m.

The 40th annual Bowles Chapel Lecture presents “Collaborative Holistic Care” featuring Karen Steinhauser, PhD. Dr. Steinhauser is a social scientist dedicated to improving quality of life for patients, families, and providers during serious illness. She will help us examine best practices for spiritual care, the evidence that supports them, and how we might incorporate them into our care.

About Our Speaker:



Karen E. Steinhauser, PhD, is a Health Scientist with the Center for Health Services Research in Primary Care, VA Medical Center, Durham and Professor, Department of Medicine, Duke University Medical Center, Senior Fellow with the Duke University Center for Aging, and a former VA Career Development Awardee. She has authored or co-authored over 100

publications. Her research is dedicated to improving patient and family psychosocial and spiritual care, in serious illness. She has developed measurement tools to assess patient and family quality of life as well as psychosocial interventions to improve the experience of serious illness for patients and those who care for them. Dr. Steinhauser’s research has used quantitative and qualitative methods, observational, trial, and implementation research. Her latest work includes developing a measure to assess the spiritual needs in palliative care and addressing clinician resilience in palliative care.

Program Schedule

Registration: 8 – 8:30 a.m.

Session 1: 8:30 – 10 a.m.

What Matters Most? The Evidence Supporting the Role of Spirituality in Serious Illness Care

After attending this session, the learner should be able to:

- Evaluate the content and quality of evidence-base regarding the role of Spirituality in coping, connection, and decision-making in serious illness.
- Communicate key points of evidence with colleagues.
- Apply best practices for your discipline in spirituality in serious illness care.

Break: 10 – 10:15 a.m.

Session 2: 10:30 a.m. – 12 p.m.

Team Spirit: Evidence-Based Approaches to Support Spirituality in Patient Care

After attending this session, the learner should be able to:

- Learn three evidence-based approaches to spiritual care.
- Apply the evidence according to one’s scope of practice.
- Ensure continuity of Spiritual Care with their team.

Worship in Bowles Chapel: 12:15 – 12:45 p.m.

About The Program

This program is designed for chaplains, physicians, nurses, social workers and all health care professionals to foster a collaborative spirit and stimulate dialogue between medical and spiritual caregivers, the Bowles Chapel Lecture Series is intended to honor the Bowles family—Edna Henderson and William Victor Bowles and their daughter, Mary Frances Bowles Couper, who donated the chapel.

Program approved for LMFT, LPC, LSW and APC 3.0 CCEs.

Memorial Hermann Health System is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

3.0 Continuing Nursing Education (CNE) contact hours will be provided for RNs. Attendance throughout the program and completion of a program evaluation are required for CNE credit.

The Memorial Hermann Health System is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Memorial Hermann Health System designates this live activity for a maximum of 3.0 AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been designated by Memorial Hermann Health System for 3 credits of education in medical ethics and/or professional responsibility.

The Bowles Chapel Lecture will be a hybrid event: you may register to attend either in person or virtually.

The in person lecture will be held at the Memorial Hermann Southwest Hospital Campus, 7737 Southwest Freeway in the Wilson-Turner Auditorium located within Medical Plaza 2.

Registration

For participation, please register here:

https://memorialhermann.zoom.us/webinar/register/WN_XT2BvNCnT4OaC6PYvTqn-w

