



Challenge Program Outcomes

**TIRR Memorial Hermann – The Woodlands: 920 Medical Plaza Dr., Suite 270
The Woodlands, TX 77380**

The TIRR Memorial Hermann Challenge Program provides a comprehensive range of services to help brain injury survivors maximize their potential and help celebrate milestones and successes through each step of recovery.

Specialized services focus on return to work, return to school and community re-entry skills. It is these skills that prove critical for the transition to independent living following brain injury. This outpatient, trans-disciplinary approach addresses the physical abilities, cognitive abilities, coping strategies and interpersonal communication required for long-term success.

Who We Served

- 89 clients were admitted to the program:
 - 33 in the Employment Track program
 - 7 in the Education Track program
 - 19 in the Independence Track program
 - 3 in the Volunteer Track program
 - 27 in the Job Readiness Track program
- Average age of clients was 46.7 years, (age range: 16 – 75 years).

What They Accomplished

- 24 clients completed the Employment Track program and 100% of those who completed the Employment Track were productive within their community at the time of discharge:
 - 20 of the clients returned to their employment goals within their community.
 - 4 of the clients who were retirement age elected to retire.

- 5 clients completed the Education Track program and 100% of those who completed the Education Track were productive within their community at the time of discharge:
 - 4 clients returned to their education goals within their community.
- 17 clients completed their Independence Track program and 100% of those who completed the Independence Track were productive in their community at the time of discharge.
- 3 clients completed the Volunteer Track program and 100% were productive within their community at the time of discharge:
 - 2 clients returned to a volunteer program within their community at the time of discharge
 - 1 of the clients returned to a volunteer program within a month from discharge

(over)



Challenge Program

- 14 clients completed the Job Readiness Track program and 71% of those who completed the Job Readiness Track program were productive within their community at the time of discharge:
 - 4 of the clients had obtained gainful employment at the time of discharge
 - 3 of the clients had obtained gainful employment within 1 month of discharge
 - 2 of the clients were pending medical clearance to pursue gainful employment within their community

How They Achieved This

- Adult clients received an average of 10 hours of therapy per week.
 - Average length of stay for adults was 94 days, or 13 weeks.

Unplanned Acute-care Hospital Transfer

- 1 client was discharged from the program to an acute-care hospital for a higher level of care due to health issue not related to the program.

Satisfaction with Program: 31 clients completed the survey. Of the clients surveyed:

- 84% of the clients would recommend the program to other individuals with brain injuries for outpatient rehabilitation.
- 100% of the clients felt the Challenge staff worked well together to provide care.

Client Referrals Were Received from:

- Memorial Hermann Acute, Inpatient and Outpatient Services
- Texas Workforce Commission
- Community physicians
- Texas Department of Health and Human Services
- Other acute and inpatient health care facilities



Adult and Pediatric Outpatient Rehabilitation
The Challenge Program
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