Challenge Program Outcomes

TIRR Memorial Hermann Outpatient Rehabilitation – The Woodlands
Medical Plaza 5
28471 IH-45, Ste. 100
Shenandoah, TX 77380

The TIRR Memorial Hermann Challenge Program provides a comprehensive range of services to help survivors of brain injury maximize their potential, celebrating milestones and successes through each step of recovery.

Specialized services focus on return to work, return to school and community re-entry skills. It is these skills that prove critical for the transition to independent living following brain injury. This outpatient, trans-disciplinary approach addresses the physical abilities, cognitive abilities, coping strategies and interpersonal communication required for long-term success.

Who we served in one year

- 69 clients were admitted to the Challenge program:
  - 17 clients were in the Employment Track.
  - Five clients were in the Education Track.
  - 46 clients were in the Independence Track.
  - One client was in the Volunteer Track.
  - No clients were admitted to the Job Readiness Track.

- Average client age was 48 years old, with an age range from 16 to 79 years.

What they accomplished

- 16 out of 17 of the clients served completed the Employment Track program.
  - Of those who completed the program, 100% met their track goal of readiness to return to employment at the time of discharge.
  - Of note, an additional six clients not on Employment Track, four of whom were self-employed or business owners, had returned to work at the time of discharge.

- Four out of five clients served completed the Education Track program.
  - Of those who completed the program, 100% met their track goal of return to education at the time of discharge.
  - 100% of clients on the Education Track were productive within their community at the time of discharge.

- 39 out of 47 clients served completed their Independence Track program.
  - 95% of those who completed the Independence Track were more productive in their home or community at the time of discharge.
  - 95% of those who completed the Independence Track were meeting their individualized track goal.

- One client was admitted to and completed the Volunteer Track program.
  - 100% met their track goal of preparedness to obtain a volunteer position within their community at the time of discharge.

How they achieved this

- Adult clients received an average of 14 hours of therapy per week.
- Average length of stay for adults was 81 days, or 11.5 weeks.

Unplanned acute care hospital transfer

- One client was discharged from the program due to admission to an acute care hospital for a higher level of care (complex medical concerns), but not as a result of the program.

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Satisfaction with program

11 surveys were completed by clients.
Of the responses received:

- 100% of clients would recommend the program to other individuals with brain injuries for outpatient rehabilitation.
- 90% of clients felt they were successful in getting the care they needed.
- 80% of clients felt the staff cared about them as a person.
- 100% of clients felt they trusted the program to take care of their needs.

Client referrals were received from:

- Memorial Hermann acute care, inpatient and outpatient services
- Texas Workforce Commission
- Community physicians
- Other acute and inpatient health care facilities

Adult and Pediatric Outpatient Rehabilitation
The Challenge Program
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memorialhermann.org/TIRR

All data taken during the period: July 2024–June 2025

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