

22ND ANNUAL SPORTS MEDICINE UPDATE

TUESDAY, JUNE 6, 2023

7:30 a.m.	Checkin / Login begins	
7:50-8:00	Welcoming Comments – Keith Jones, ATC, CES	
8:00-8:30	Current Strategies to Decrease Failure of ACL Reconstructions – Walter Lowe, MD	
8:30-9:00	Looking at Mechanical Stress in a Different World – Webb Miranda, LAT, ATC	
9:00-9:30	Management of Chronic Shoulder Pain – Evan Meeks MD	
9:30-10:00	Backboarding the Injured Athlete – Matt Camarillo, MD	
10:00-11:00	BFR In Sports – Ben Weatherford, PT, DPT	
11:00-11:30	Breakout Session I:	Ben Weatherford, PT – Blood Flow Restriction Techniques
11:30-12:00	Breakout Session II:	Webb Miranda – Hands On Body Mechanics
12:00-12:30	Breakout Session III:	Matt Camarillo, MD – Backboard Procedures
12:30-1:00	Lunch (provided for in-person attendees)	
1:00-1:30	Rehabilitation of Rotator Cuff/Labral Injuries in the Throwing Athlete – Russ Paine, PT	
1:30-2:00	The Science of Isometrics – Jackie Kleihege, PT, MPT, SCS, CertDN	
2:00-2:30	Crisis Etiquette – James ‘Bubba’ Wilson, LAT, ATC, CCISM	
2:30-3:00	EMR for Athletic Programs – Will Ryan, MAT, LAT, ATC, CSCS, CES	
3:00-3:30	Performance Impact of Skipping Meals and Practical Solutions for Athletes – Hannah Boyd, MS, RD, LD	
3:30-4:00	Reducing the Fear of Hamstring Injuries – Eddie Smith, PT, DPT, SCS, LAT, ATC	
4:00-4:30	On Field Management of Common Joint Dislocations – Josh Griffin, MD	

Speakers, Topics & Times are Subject to Change



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WEDNESDAY, JUNE 7, 2023

7:30 a.m.	Checkin / Login begins
8:00-8:30	Turf Injuries and the Competitive Athlete – Paul Shupe, MD
8:30--9:30	Comparison of Concussion Management Software – Summer Ott, PsyD
9:30-10:00	Dental Issues in Sports – Reagan Hiner, DDS and Matthew Hiner, DDS
10:00-10:30	Preparedness to Throw in Young Overhead Athletes – Chris Gallina, PT, DPT, CSCS
10:30-11:00	Diagnostic Ultrasound in Sports – Abhilash Davlapur, MD
11:00-11:30	Breakout Session IV: Abhilash Davlapur, MD – Diagnostic Ultrasound
11:30-12:00	Breakout Session V: Chris Gallina, PT – Throwing Preparation
12:00-12:30	Breakout Session VI: Reagan & Matthew Hiner, DDS – Mouthpiece Science
12:30-1:00	Lunch (provided for in-person attendees)
1:00-1:30	Intrinsic Factors of Performance Improvement – Trevor Kana, MS, CSCS
1:30-2:00	WBGT in Today's World – Tom Woods, MS, MEd, LAT, ATC
2:00-2:30	Psychological Readiness for Return to Sport After Knee Injury – Brian Duncan, PT, DPT, OCS, SCS, FAAOMPT
2:30-3:00	Evaluation & Management of Facial Injuries – Irvin Sulapas, MD
3:00-3:30	Sports Nutrition Myths – Kim Lowry, RD, CSSD, LD
3:30-4:00	Emergency Transport Following On-The-Field Stabilization – Brad Wilson, NRP, EMTP
4:00-4:30	Sudden Cardiac Arrest in Sports – Travis Turner, MS, LAT, ATC, PES, CES

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