

21ST ANNUAL SPORTS MEDICINE UPDATE

TUESDAY, JUNE 14, 2022

- 7:30 a.m. Checkin / Login begins
- 7:50-8:00 Welcoming Comments – Keith Jones, ATC, CES
- 8:00-8:30 **Vascular Injuries in Sports** – Rehal Bhojani, MD, FAAFP, CAQSM
- 8:30-9:00 **Differential Diagnosis for On-Field Cervical Spine Injuries** – Mark Prasarn, MD
- 9:00-9:30 **Developing a Relationship with Your Sports Performance Team**
– Keith Jones, ATC, CES
- 9:30-10:00 **Running Analysis: Where to Focus and What to Look Past** – Kimberly Gandler, MS
- 10:00-10:30 **TFCC Injuries of the Wrist** – Candice Teunis, MD
- 10:30-11:00 **Elbow Pain in the Young Athlete** – John Conway, MD
- 11:00-11:30 Breakout Session I: **John Conway, MD – How I Examine the Elbow**
- 11:30-12:00 Breakout Session II: **Kim Gandler, MS – Gait Analysis**
- 12:00-12:30 Breakout Session III: **Candice Teunis, MD – How I Examine the Wrist**
- 12:30-1:00 **Lunch** (provided for in-person attendees)
- 1:00-1:30 **Case Study: Prolonged Quadriceps Inhibition** – Jackie Kleihege, PT, MPT, SCS, CertDN
- 1:30-2:00 **Mechanisms of Muscle Atrophy After Injury and Implications for Rehab**
– Jena-Claire Auten, PT, DPT, PhD
- 2:00-2:30 **Leadership in Crisis: Strategies in Critical Incident and Emergency Response Planning**
– Josh Yellen, EdD, LAT, ATC
- 2:30-3:00 **Post-Exercise Recovery Nutrition** – Brett Singer, MS, RD, CSSD, LD
- 3:00-3:30 **When Is a Hip Flexor not a Hip Flexor** – Rod Turner, MD
- 3:30-4:30 Round Table Discussion: **Sports Medicine Careers in Emerging/Non-Traditional Settings**
Invited Panelists include:
Bryant Baugh, ATC Referral Services Jamie Chauvin, ATC Space Travel
Brandon Keasler, ATC Manufacturing Web Miranda, ATC Commercial Airlines
Eddie Smith, PT, ATC Education Hunt Whitten, ATC Public Safety

Speakers, Topics & Times are Subject to Change

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WEDNESDAY, JUNE 15, 2022

- 7:30 a.m. Checkin / Login begins
- 8:00-8:30 **Thoracic and Abdominal Injuries in Sports** – Benedict Ifedi, MD, CAQSM
- 8:30--9:30 **Mental Health Coordination** – Amanda Groller, MS Ed, LPC and James ‘Bubba’ Wilson, LAT, ATC, CCISM
- 9:30-10:00 **Mobilization of the Athletic Spine** – Brian Duncan, PT, DPT, OCS, SCS, FAAOMPT
- 10:00-10:30 **Core Stabilization and Strength Development** – Chris Slocum, MEd, SCCC, CSCS, USAW
- 10:30-11:00 **SC and AC Joint Injuries** – Matthew Weldon, MD
- 11:00-11:30 Breakout Session IV: **Chris Slocum, SCCC, CSCS – Core Development**
- 11:30-12:00 Breakout Session V: **Matthew Weldon, MD – How I Examine the Shoulder**
- 12:00-12:30 Breakout Session VI: **Brian Duncan, DPT – Lumbar Spine Mobilization**
- 12:30-1:00 **Lunch** (provided for in-person attendees)
- 1:00-1:30 **Growth Plate Injuries in the Young** – Lindsay Crawford, MD
- 1:30-2:00 **Current Research in Cryotherapy** – Sean Kennedy, PT, DPT, SCS, CSCS
- 2:00-2:30 **Management of Sports Injuries to the Eye** – Alireza Somji, OD
- 2:30-3:00 **Connecting the Physical Therapist with the Athletic Training Room**
– Elaina Roeing, PT, DPT, OCS, SCS and Eddie Smith, PT, DPT, SCS, LAT, ATC
- 3:00-3:30 **Collagen Supplementation for Athletes: What We Know & What We Don’t**
– Meredith Sorensen, MS, RD, LD
- 3:30-4:30 Round Table Discussion: **Sports Medicine in Professional Sports**
Invited Panelists include:
Frances Gilbert, ATC Professional Soccer
Keith Jones, ATC Professional Basketball
Geoff Kaplan, PT, ATC Professional Football
Max Mahaffey, ATC Professional Baseball

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