# Get the Care You Need When You Need it.

Memorial Hermann is the place to go for health care in Greater Houston. Whether it be minor or serious health issues, we have a variety of care options for you and your family. It's important to get the right level of care when you need it. Whether you need primary care, urgent care or emergency services, we can help you get convenient and personalized care.

The guidelines below are designed to help you decide where to go for care.

#### In-Person or Virtual Primary Care

Book a same-day or next-day clinic or virtual visit for non-emergency needs\*.

#### **In-Person or Virtual:**

- Cough
- · Cold, flu, sinus or ear pain
- · Nausea, vomiting, diarrhea
- Allergies
- · Urinary tract infection
- · Eye irritation, pink eye
- · Rashes, minor burns

#### In-Person only:

- · Cuts, scrapes
- · Sprains, back pain
- STD testing and treatment
- · Medication refills
- · Other non-emergency health needs

## **Urgent Care Center**

Same-day, evening, weekend and holiday care for most non-life threatening health care issues\*.

#### **Everything in Virtual Care plus:**

- Cuts requiring stitches
- Urinary tract infection
- Sprains
- Eye irritation, pink eye
- Back pain
- Rashes, minor burns
- · Other non-emergency health needs



## Virtual Urgent Care

Expanded hours for virtual visits\*.

- · Cough, sore throat
- Cold, flu, sinus or ear pain
- Nausea
- Vomiting
- Diarrhea
- Allergies
- · Urinary tract infection
- Eye irritation, pink eye
- · Rashes, minor burns
- Other non-emergency health needs

### **Emergency Care**

For life-threatening emergencies that require immediate care\*.

Call 911 or go to the nearest ER.

- Chest pain
- · Sudden difficulty breathing
- Deep cut or wound
- Bleeding that won't stop
- Fainting or head injury
- Major fracture
- Seizure
- Abdominal pain
- Severe burn
- Other life-threatening emergencies

(over)



Scan the QR code to learn more.







<sup>\*</sup>The above lists of conditions and symptoms are not intended to be exhaustive.

## Primary, Urgent and Emergency Care where you live and work.



