



# Better health starts here.

Explore available providers at your convenience and book an appointment either in person or virtually.



## Primary Care

Online scheduling for in-person and virtual office visits.



Call **713.222.CARE** for assistance locating a physician.



## Urgent Care

Online scheduling for in-person or virtual urgent care visits.



Your primary care provider (PCP) helps you maintain a healthy lifestyle, identifies and treats common medical conditions, and is connected with specialists if you need a referral for additional care. Having one central point of contact for all of your medical history and information is extremely valuable for streamlining your care, efficiently and comprehensively.

## Personalized Care

When one provider sees you for everything from colds and immunizations to blood-pressure control, they get to know your specific needs, and it can be easier to talk about sensitive health topics.

## Convenience

Primary care is your one-stop-shop for a wide range of health services, including preventive care and screenings, care for chronic conditions like diabetes, asthma or hypertension, and care for acute problems like coughs, fever or digestive issues. Having a pre-established relationship can speed up office visits and prevent delays in care.

## Health Maintenance

Based on your health information, your PCP can determine whether you are at an increased risk for conditions like diabetes or high blood pressure, and can help you take steps to prevent conditions from developing or progressing.

## Early Detection

When a health problem is detected early, you are likely to have more treatment options. Regular checkups with your PCP give you the opportunity to identify concerns before they progress into more serious conditions.

## Care Coordination

If you need care from a specialty physician, your PCP can recommend someone who will be a good fit for you and your family. A trusted relationship with your PCP gives you a true health partner who can quickly coordinate any additional care you may need.

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# Primary Care where you live and work

