



# Diabetes Support Group

## Meeting Dates:

**March 5**

**June 4**

**September 3**

**December 3**

All meetings  
will be held at  
6 p.m.

You and your loved ones are invited to join our diabetes support group to better understand diabetes and discuss ways to live a healthy lifestyle, in a community with others who have been touched by the disease. This support group is facilitated by Memorial Hermann Certified Diabetes Care and Education Specialists.

## Everyone is welcome and encouraged to join!

All meetings are free and will be hosted on Zoom. A call-in option will also be available. Zoom details will be emailed one week prior to the meeting date and on the day of the meeting.

## To register and for more information:

**Email:** [DiabetesEducators@memorialhermann.org](mailto:DiabetesEducators@memorialhermann.org)

**Visit:** [memorialhermann.org/diabetes](http://memorialhermann.org/diabetes)