#### **Wound Care**

Located on the Memorial Hermann Southwest campus, our Wound Care program provides a comprehensive approach to treating patients with non-healing wounds. Patients are offered the most efficient and effective treatment options available today. The experienced team features affiliated physicians, nurses and technicians with advanced training in wound care and hyperbaric oxygen (HBO) therapy.

Patients are examined and evaluated for all possible physical conditions, such as diabetes, that could interfere with proper healing. The care team follows evidence-based clinical pathways to determine why wounds are not healing. Individual treatment plans are developed using the most effective technologies available to optimize healing and relief for patients.

# **Neighborhood Health Center**

Affiliated with Memorial Hermann Health System, the Neighborhood Health Center - Southwest offers affordable, quality medical care for adults and children.

Open seven days a week, Neighborhood Health Center treats long-term problems and sudden illnesses but also can help keep patients healthy with regular checkups.

# **Community Resource Center**

The Memorial Hermann Community Resource Center - Southwest provides a one-stop location where individuals and families in our community can get help signing up for health care and social services.

Staffed by community health workers, Community Resource Center is here to help all members of our community improve their overall health and well-being by assisting with health and social service connections, applications and education.





**Memorial Hermann Southwest Hospital** 

# Advanced Care for Patients of All Ages



#### Services and Specialties

- 24-Hour Emergency Center
- Birthing Center & Level III NICU
- Breast Care Center
- Heart & Vascular Services
- Imaging Center
- Neuroscience Services
- Oncology
- Orthopedics
- Surgical Services
- TIRR Memorial Hermann
- Women's Services
- Wound Care

## **Helpful Numbers**

Main number 713.456.5000

southwest

To learn more, or to schedule an appointment with an affiliated physician, please call 713.222.CARE or visit memorialhermann.org/

# Feeling sick and not sure what to do?

Contact the free 24/7 Nurse Health Line. Trained RNs help answer health questions by phone, in English or Spanish (interpreters also available). Call 713.338.7979 or toll-free 855.577.7979 to speak with a nurse. For life-threatening emergencies, call 911. Memorial Hermann Southwest Hospital has been caring for families since 1977. A 541-bed facility, Memorial Hermann Southwest employs advanced technology and a team of highly trained affiliated physicians to offer high quality care close to home. Memorial Hermann Southwest, home to a designated Comprehensive Stroke Center by The Joint Commission (TJC), serves the communities of Southwest Houston, including Bellaire, Meyerland, the Galleria area, Missouri City and beyond. Memorial Hermann Southwest is part of the Memorial Hermann Health System and has over a century of caring for the families of the Greater Houston area.

# **Magnet-Recognized Nursing Facility**

Memorial Hermann Southwest has received one of the highest levels of recognition for nursing excellence, earning designation as a Magnet Recognition Program by the American Nurses Credentialing Center (ANCC).

# 24-Hour Emergency Center

Memorial Hermann Southwest is a Level IV trauma center ready to serve the needs of critically ill or injured patients throughout the southwest area. Our Emergency Center is staffed by affiliated board-certified emergency medicine physicians, advanced practice providers, nurses and technicians specially trained in emergency care.

#### Services include:

- Digital X-ray, computed tomography (CT) and ultrasound
- Diagnostic laboratory
- Access to higher level of care via ground ambulance or by air via Memorial Hermann Life Flight®

# **Level IV Trauma Center**

Memorial Hermann Southwest is a designated Level IV trauma center with the ability to provide advanced trauma life support, evaluation, stabilization and diagnostic services. If the situation demands, transfer agreements and protocols allow patients to be transferred quickly to a higher level of care within Memorial Hermann's network of trauma centers.



#### **Neonatal Intensive Care Unit (NICU)**

The Level III NICU at Memorial Hermann Southwest is able to provide comprehensive care for babies, with affiliated neonatologist care, available 24 hours a day. Our 40-bed unit provides varying levels of care including intensive, intermediate and isolation. We have access to consultants, affiliated surgeons and ancillary services that allow comprehensive treatment across the full range of neonatal care.

Our NICU is equipped with the latest technology and modern treatment modalities to enable us to provide high-quality, specialized neonatal care.

#### **Breast Care Center**

The Breast Care Center at Memorial Hermann Southwest offers a complete range of preventive and diagnostic breast health services, from annual screening mammograms to breast MRI and ultrasound. These are delivered by a caring, experienced team that includes breast health technicians and affiliated board-certified breast radiologists who interpret screening and diagnostic mammograms and perform breast ultrasound examinations and breast MRIs. Our certified mammogram technologists and ultrasound technologists, who specialize in breast care, utilize advanced technology in order to capture clear, accurate images.

#### **Heart & Vascular Institute**

Memorial Hermann Heart & Vascular Institute at Memorial Hermann Southwest Hospital is at the forefront of advancing heart health from preventive care to cardiac emergencies to complex surgical procedures. The award-winning Heart & Vascular Institute combines research-driven innovation and a team approach to open blockages, repair valves and aneurysms, correct irregular heartbeats and more. Our program offers patients one of the most superior cardiovascular care facilities in the nation with advanced diagnostic screenings, cardiac catheterization labs, interventional radiology suites, electrophysiology labs and minimally invasive hybrid endovascular surgical suites. The boardcertified diagnostic, interventional and electrophysiology cardiologists, as well as cardiovascular and thoracic surgeons affiliated with our program, treat close to 4,300 patients annually, providing the full spectrum of heart care. The Institute is consistently recognized by national third-party organizations that measure surgical quality for low complication rates and excellent patient outcomes.

# **Cardiac Surgery**

The highly experienced cardiothoracic and vascular surgery team at The Institute offers a wide range of advanced surgical options—from coronary bypass surgeries on beating hearts (without a heart-lung machine) to minimally invasive replacement of the heart's aortic valve. Many surgeries, including heart valve replacement, surgical treatment for atrial

fibrillation (AFib), transcatheter edge-to-edge repair (TEER) of the mitral valve for mitral regurgitation, coronary bypass graft surgery (CABG) and video-assisted thoracoscopic surgery (VATS) are performed using a multitude of minimally invasive surgical techniques.

#### Electrophysiology

In our advanced cardiac catheterization labs, our experienced team of affiliated interventional cardiologists and electrophysiologists treat electrical problems of the heart, such as atrial flutter and AFib, using advanced heart-mapping technology to pinpoint conduction abnormalities in the heart and identify irregular electrical pathways causing heart rhythm abnormalities.

#### Advanced Vascular Care

The Institute provides comprehensive, advanced vascular and endovascular care including noninvasive diagnostic testing, percutaneous interventional vascular treatments such as angioplasty and stents, surgery for conditions such as abdominal aortic aneurysm, deep vein thrombosis, peripheral arterial disease, venous insufficiency and carotid stenosis. The Institute is equipped with an advanced hybrid endovascular surgical suite designed specifically for vascular and cardiovascular patients, allowing flexibility and speed in the treatment of patients with the most complex cardiac and vascular conditions.

#### **Cardiac Rehabilitation**

Located on the Southwest campus, the cardiac rehabilitation program is a phased, multidimensional, medically supervised program designed to help patients recover as quickly as possible from heart disease. With a comprehensive focus on exercise, education and lifestyle change, the program is designed to improve overall physical and mental functioning. Patients who participate in a cardiac rehabilitation program following heart surgery or a diagnosis of heart or vascular disease tend to have better outcomes in managing their conditions. The Cardiac Wellness Center has been granted full certification by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).

The Institute is Chest Pain certified by TJC and meets stringent criteria for rapid response when seconds count.

#### TIRR Memorial Hermann – Southwest

TIRR Memorial Hermann – Southwest offers multidisciplinary inpatient medical rehabilitation for patients whose lives are impacted by injury or illness. Like the other three TIRR Memorial Hermann inpatient rehabilitation facilities across Houston, TIRR Memorial Hermann – Southwest offers an inpatient rehabilitation unit that is designed to help patients reach optimal functionality through personalized, comprehensive care.

TIRR Memorial Hermann – Southwest includes 18 private patient rooms, an expanded Family Resource Center and two newly renovated therapy gyms that include gait and balance systems as well as electrical stimulation to simulate functional, task-specific movements. A vehicle simulator with true-to-life components is available to provide a safe and convenient alternative to "parking lot" car transfer training for patients with mobility conditions. Patients treated for stroke, brain injury and other traumas at Memorial Hermann Southwest can stay in the same facility for inpatient care and rehabilitation services and then have access to one of TIRR Memorial Hermann's many outpatient therapy locations following discharge.

## **Imaging Center**

Memorial Hermann Southwest offers the latest advancements in imaging technology and screenings, including CT fluoroscopy, magnetic resonance imaging (MRI) (.5T), ultrasound and X-ray. Patients at Memorial Hermann Southwest have access to some of the most advanced diagnostic technologies available, including:

- 64-slice CT
- MRI
- PET/CT scan
- Electroencephalography (EEG)

# **Neuroscience Services**

The Neuroscience program at Memorial Hermann Southwest is one of the most advanced of its kind in Houston. Affiliated neurologists, neurosurgeons, neurointensivists, and dedicated neuroscience nursing staff at Memorial Hermann Southwest provide leading-edge care for a broad range of neurological disorders and conditions. Patients benefit from comprehensive inpatient and outpatient services, specialized care for complex conditions, advanced technology, and innovative therapies and techniques.

The program features advanced robotic imaging technology and provides a dedicated 16-bed Neuroscience Intensive Care Unit, which enables the Memorial Hermann Southwest neurology team to provide care to patients suffering from catastrophic brain injuries and neurological disorders.

Recognized by TJC as a Comprehensive Stroke Center, Memorial Hermann Southwest is equipped to rapidly diagnose and treat stroke victims. We also evaluate and treat patients transported from other stroke centers.

Conditions treated at Memorial Hermann Southwest include:

 Acute head, neck and spine trauma, which may include hemorrhages, concussions, swelling, brain herniation, spinal disc herniation, complete or partial spinal cord injuries, skull fractures, and other types of traumatic injuries resulting from car accidents, slips and falls, etc.

- Aneurysms, including those requiring surgical interventions such as stents, or coilings.
- Strokes and patients who could benefit from intraarterial thrombolysis or other surgical interventions.
- Benign and malignant brain and spinal tumors, as well as patients who may require medical or surgical management by our team of affiliated neurooncologists, medical oncologists and neurosurgeons.
- Seizures, epilepsy and status epilepticus.
- Neurology conditions include dementia, sleep disorders, neuromuscular disorders and peripheral nerve disorders.

# Oncology

The cancer specialists affiliated with Memorial Hermann Southwest provide comprehensive cancer diagnoses and treatments, offering the entire continuum of cancer care: education, prevention, screening, diagnosis, treatment, survivorship and rehabilitation. And we help patients throughout their entire cancer journey by caring for their physical, social, emotional and spiritual needs.

# Orthopedics

Our dedicated multidisciplinary orthopedic care team includes specialty trained nurses, rehabilitation specialists and affiliated physicians who provide non-surgical and minimally invasive procedures, surgery and rehabilitation for muscle, joint and bone injuries and abnormalities. As part of patient centered care, therapists perform comprehensive evaluations to determine appropriate treatment to individually address each patient's goals.

# **Surgical Services**

Our affiliated physicians utilize the latest techniques and technologies to perform a wide range of inpatient and outpatient surgical procedures, including minimally invasive robotic surgery. Our goal is to offer our patients a positive, seamless patient experiencebefore, during and following surgery.

#### **Women's Services**

Memorial Hermann Southwest is a Level III maternal facility and is proud to provide an array of services to meet the unique health care needs of women of all ages. From breast and bone health to maternity and children's care, to gynecological surgeries, Memorial Hermann Southwest is committed to delivering compassionate and comprehensive, award-winning care to women throughout their lives. Affiliated physicians utilize the latest techniques and technologies to perform a wide range of inpatient and outpatient surgical procedures, including minimally invasive robotic surgery. Our goal is to offer our patients a positive, seamless patient experiencebefore, during and following surgery.