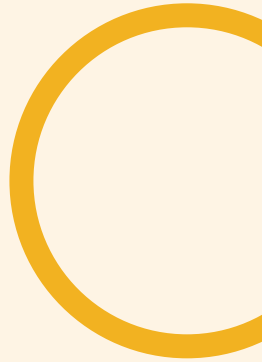


Memorial Hermann Southwest Hospital

Advanced care for the Southwest Community



Services and specialties

- 24-Hour Emergency Center
- Acute Care for Elders (ACE) Unit
- Birthing Center & Level III NICU
- Breast Care Center
- Community Resource Center
- Diabetes Management Program
- Heart & Vascular Institute
- Imaging Center
- Inpatient Rehabilitation
- Neighborhood Health Center
- Neuroscience Services
- Oncology
- Orthopedics
- Surgical Services
- Women's Services
- Wound Care

Helpful Numbers

Main number

713.456.5000

To learn more, or to schedule an appointment with an affiliated physician, please call **713.222.CARE** or visit memorialhermann.org/southwest.

Feeling sick and not sure what to do?

Contact the free 24/7

Nurse Health Line.

Trained RNs help answer health questions by phone, in English or Spanish (interpreters also available). Call **713.338.7979** or toll-free **855.577.7979** to speak with a nurse. For life-threatening emergencies, call 911.

Memorial Hermann Southwest Hospital has been caring for families since 1977. A 543-bed facility, Memorial Hermann Southwest utilizes state-of-the-art technology and a team of highly trained affiliated physicians to offer high quality care close to home. Memorial Hermann Southwest is a designated Comprehensive Stroke Center by The Joint Commission and serves the communities of southwest Houston, including Bellaire, Meyerland, the Galleria area, Missouri City, Sharpstown and beyond. Memorial Hermann Southwest is part of the Memorial Hermann Health System, with over a century of caring for the families of the Greater Houston area.

Magnet-Recognized Nursing Facility

Memorial Hermann Southwest has received one of the highest levels of recognition for nursing excellence, earning designation as a Magnet Recognition Program by the American Nurses Credentialing Center (ANCC).

24-Hour Emergency Center

Memorial Hermann Southwest stands ready to meet the needs of critically ill or injured patients throughout the southwest area. Our Emergency Center is staffed by affiliated board-certified emergency medicine physicians, advanced practice providers, and nurses and technicians specially trained in emergency care.

Services include:

- Digital X-ray, computed tomography (CT), magnetic resonance imaging (MRI), and ultrasound
- Diagnostic laboratory
- Access to higher level of care via ground ambulance or by air via Memorial Hermann Life Flight®

Level IV Trauma Center

Memorial Hermann Southwest is a designated Level IV trauma center with the ability to provide advanced trauma life support, evaluation, stabilization and diagnostic services. If the situation demands, transfer agreements and protocols allow patients to be transferred quickly to a higher level of care within Memorial Hermann's network of trauma centers.

Acute Care for Elders (ACE) Unit

Patients on the ACE Unit are cared for by an interdisciplinary team with specialized training, experience and interest in caring for older adults. Team members include: geriatric specialty trained registered nurses and nursing assistants, nurse practitioners/advance care practitioners, social workers, case managers, physical therapists, occupational therapists, dietitians, pharmacists and hospitalists.

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Memorial Hermann Southwest has received The Institute for Healthcare Improvement's (IHI) Age-Friendly Health Systems Committed to Care Excellence recognition. The hospital is also recognized as a Nurses Improving Care of Healthsystem Elders (NICHE) member facility, one of only 10 in Texas and the first facility of any Houston-based health system.

Birthing Center

The Birthing Center at Memorial Hermann Southwest features private, comfortably appointed labor-delivery recovery suites equipped with the latest technology and premium amenities. Our affiliated physicians and nursing staff are trained in both routine and high-risk deliveries and newborn care.

- High-risk pregnancy clinic
- Dedicated labor and delivery nurses providing one-on-one care during birthing
- Nurses who are trained breastfeeding specialists
- Affiliated anesthesiologists available 24 hours a day
- Private postpartum rooms where mother and baby are cared for together
- A Level III NICU with 24-hour neonatal provider coverage
- Childbirth and parenting education classes

Neonatal Intensive Care Unit - NICU

The Level III neonatal intensive care unit (NICU) at Memorial Hermann Southwest is able to provide comprehensive care for babies, with affiliated neonatologist care available 24 hours a day. Our 40-bed unit provides varying levels of care including intensive, intermediate, and isolation. We have access to consultants, and ancillary services that allow comprehensive treatment across the full range of neonatal care.

Our NICU is equipped with the latest technology and modern treatment modalities to enable us to provide high quality, specialized neonatal care.

Breast Care Center

The Breast Care Center at Memorial Hermann Southwest offers a complete range of preventive and diagnostic breast health services, from annual screening mammograms to breast MRI and ultrasound. All delivered by a caring, experienced team that includes breast health technicians and affiliated board-certified breast radiologists. Our certified mammogram technologists and ultrasound technologists, who specialize in breast care, utilize advanced technology in order to capture clear, accurate images.

Available services include:

- Screening Mammograms
- Diagnostic Mammograms
- Breast MRI
- Breast Ultrasound
- Breast Ductogram
- Breast Cyst Aspirations

- Breast Needle Localizations
- Image-Guided Breast Biopsies including
 - MRI-Guided Core Needle Breast Biopsy
 - Stereotactic Breast Biopsy
 - Ultrasound-Guided Core Needle Breast Biopsy

Diabetes Management Program

Memorial Hermann Southwest offers a unique program for patients diagnosed with type 1 diabetes, type 2 diabetes, prediabetes or gestational diabetes. Our program is approved by the American Diabetes Association and is taught by Certified Diabetes Care & Education Specialists.

Heart & Vascular Institute

Memorial Hermann is at the forefront of advancing heart health from preventive care to cardiac emergencies to complex surgical procedures. The award-winning Heart & Vascular Institute at Memorial Hermann Southwest combines research-driven innovation and a team approach to open blockages, repair valves and aneurysms, correct irregular heartbeats and more. Our program offers patients one of the most superior cardiovascular care facilities in the nation with advanced diagnostic screenings, cardiac catheterization labs, interventional radiology suites, electrophysiology labs and minimally invasive hybrid endovascular surgical suites. The board-certified diagnostic, interventional and electrophysiology cardiologists, as well as cardiovascular and thoracic surgeons affiliated with our program treat close to 3,700 patients annually, providing the full spectrum of heart care. The Institute is consistently recognized by national third-party organizations that measure surgical quality for low complication rates and excellent patient outcomes.

Cardiac Surgery

The highly experienced cardiothoracic and vascular surgery team at the Institute offers a wide range of advanced surgical options—from coronary bypass surgeries on beating hearts (without a heart-lung machine) to minimally invasive replacement of the heart's aortic valve. Many surgeries, including heart valve replacement, surgical treatment for atrial fibrillation (AFib), Transcatheter edge-to-edge repair (TEER) of the mitral valve for mitral regurgitation, coronary bypass graft surgery (CABG) and video assisted thoroscopic surgery (VATS) are performed using a multitude of minimally invasive surgical techniques.

Electrophysiology

In our advanced cardiac catheterization labs, our experienced team of affiliated interventional cardiologists and electrophysiologists treat electrical problems of the heart, such as atrial flutter and AFib, using advanced heart-mapping technology to pinpoint conduction abnormalities in the heart and identify irregular electrical pathways causing heart rhythm abnormalities.

Advanced Vascular Care

The Institute provides comprehensive, advanced vascular and endovascular care including non-invasive diagnostic testing, percutaneous interventional vascular treatments such as angioplasty and stents, surgery for conditions such as abdominal aortic aneurysm, deep vein thrombosis, peripheral arterial disease, venous insufficiency and carotid stenosis. The Institute is equipped with a state-of-the-art hybrid endovascular surgical suite designed specifically for vascular and cardiovascular patients, allowing flexibility and speed in the treatment of patients with the most complex cardiac and vascular conditions.

Cardiac Rehabilitation

Located on the Southwest campus, the cardiac rehabilitation program is a phased, multidimensional, medically supervised program designed to help patients recover as quickly as possible from heart disease. With a comprehensive focus on exercise, education and lifestyle change, the program is designed to improve overall physical and mental functioning. Patients who participate in a cardiac rehabilitation program following heart surgery or a diagnosis of heart or vascular disease tend to have better outcomes in managing their condition. The Cardiac Wellness Center has been granted full certification by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).

The Heart & Vascular Institute at Memorial Hermann Southwest is Chest Pain certified by The Joint Commission and meets stringent criteria for rapid response when seconds count.

Imaging Center

Memorial Hermann Southwest provides quality imaging services utilizing the most advanced technology and equipment. The skilled, affiliated imaging professionals at the Center are committed to delivering patients with efficient and accurate imaging results. The Center accepts imaging orders from any referring physician.

Services include:

- CT Scan
- MRI (1.5T)
- X-ray
- PET/CT Scan
- Fluoroscopy
- Ultrasound

Inpatient Rehabilitation

Memorial Hermann Southwest offers multidisciplinary inpatient medical rehabilitation. The hospital's inpatient center is designed to help patients reach optimal functionality following an injury or illness. Personal performance goals are incorporated into a customized rehabilitation treatment program. As a member of the Memorial Hermann Rehabilitation Network affiliated with TIRR Memorial Hermann, continuously ranked as one of the best rehabilitation hospitals in the nation and best in Texas by *U.S. News and World Report*, we are committed to bringing top-ranked rehabilitation services to Greater Houston.

Neuroscience Services

The Neuroscience Program at Memorial Hermann Southwest is one of the most advanced of its kind in Houston. Affiliated neurologists, neurosurgeons, neurointensivists, and dedicated neuroscience nursing staff at Memorial Hermann Southwest provide leading-edge care for a broad range of neurological disorders and conditions. Patients benefit from comprehensive inpatient and outpatient services, specialized care for complex conditions, state-of-the-art technology, and innovative therapies and techniques.

The program features advanced robotic imaging technology and provides a dedicated 16-bed Neuroscience Intensive Care Unit, which enables the Memorial Hermann Southwest neurology team to provide care to patients suffering from catastrophic brain injuries and neurological disorders.

Conditions treated at Memorial Hermann Southwest include:

- Acute head, neck and spine trauma, which may include hemorrhages, concussions, swelling, brain herniation, spinal disk herniation, complete or partial spinal cord injuries, skull fractures, and other types of traumatic injuries resulting from car accidents, slips and falls, etc.
- Aneurysms, including those requiring surgical interventions such as stents, or coilings.
- Strokes, including patients that could benefit from intra-arterial thrombolysis or other surgical interventions.
- Benign and malignant brain and spinal tumors, including patients who may require medical or surgical management by our team of affiliated neuro-oncologists, medical oncologists and neurosurgeons.
- Seizures, epilepsy and status epilepticus.
- Neurology conditions including dementia, sleep disorders, neuromuscular disorders and peripheral nerve disorders.

Comprehensive Stroke Center

Recognized by The Joint Commission (TJC) as a Comprehensive Stroke Center, Memorial Hermann Southwest is equipped to rapidly diagnose and treat stroke victims. We also evaluate and treat patients transported from other stroke centers.

Oncology

The cancer specialists affiliated with Memorial Hermann Southwest provide comprehensive cancer diagnosis and treatment, offering the entire continuum of cancer care: education, prevention, screening, diagnosis, treatment, survivorship and rehabilitation. And we help patients throughout their entire cancer journey by caring for their physical, social, emotional and spiritual needs.

Orthopedics

Our dedicated multidisciplinary orthopedic care team includes specialty trained nurses, rehabilitation specialists and affiliated

physicians, who provide non-surgical and minimally invasive procedures, surgery and rehabilitation for muscle, joint and bone injuries and abnormalities. As part of patient-centered care, therapists perform comprehensive evaluations to determine appropriate treatment to individually address each patient's goals.

Surgical Services

Our affiliated physicians utilize the latest techniques and technologies to perform a wide range of inpatient and outpatient surgical procedures, including minimally invasive robotic surgery. Our goal is to offer our patients a positive, seamless patient experience—before, during and following surgery.

Women's Services

Memorial Hermann Southwest is a Level III maternal facility and proud to provide an array of services to meet the unique health care needs of women of all ages.

From breast and bone health, to maternity and children's care, to gynecological surgeries, Memorial Hermann Southwest is committed to delivering compassionate and comprehensive, award-winning care to women throughout their lives.

Wound Care

Located on the Memorial Hermann Southwest campus, our Wound Care program provides a comprehensive approach to treating patients with non-healing wounds. Patients are offered the most efficient and effective treatment options available today. The experienced team features affiliated physicians, nurses and technicians with advanced training in wound care and hyperbaric oxygen (HBO) therapy.

Patients are examined and evaluated for all possible physical conditions, such as diabetes, that could interfere with proper healing. The care team follows evidence-based clinical pathways to determine why wounds are not healing. Individual treatment plans are developed using the most effective technologies available to optimize healing and relief for patients.

Improving the Health of our Community

Community Resource Center

The Memorial Hermann Community Resource Center-Southwest provides a one-stop location where individuals and families in our community can get help signing up for health care and social services. Staffed by community health workers, the Center is here to help all members of our community improve their overall health and well-being by assisting with health and social service connections, applications and education.

Neighborhood Health Center

Affiliated with Memorial Hermann Health System, the Neighborhood Health Center-Southwest offers affordable, quality medical care for adults and children. The Center treats long-term problems and sudden illnesses, but also can help keep patients healthy with regular checkups.

