

Physical and Occupational Therapy Referral

Phone: 713-521-0020 or 1.888.301.8477

Fax: 713.874.1798 or 1.888.504.8477 memorialhermann.org

Date: _____

Patient Name: _____ Phone: _____

Diagnosis: _____ ICD 10 Code: _____

Date of Injury: _____ Date of Surgery: _____ Procedure: _____

Frequency/Duration: days per week (*check one*) ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 for _____ weeks Area to be Treated: _____

Case Manager: _____ Phone: _____

☐ **Physical Therapy** ☐ **Occupational Therapy** ☐ **Speech Therapy** ☐ **Rehabilitation Protocols**

☐ **Evaluate and Treat**

Procedures

- | | |
|--|--|
| ☐ Procedures per Therapist Discretion | ☐ Isokinetic Strength Testing |
| ☐ Therapeutic Activities | ☐ Return to Play |
| ☐ Neuromuscular Re-education | ☐ Modalities as Indicated |
| ☐ Instrument Assisted | ☐ Aquatic Rehabilitation |
| Soft Tissue Mobilization (IASTM) | ☐ Home Education and Instruction |
| ☐ PROM / AAROM / AROM | ☐ Proprioceptive / Balance Training |
| ☐ Stabilization / Strengthening | ☐ Mechanical Traction |
| ☐ Functional Exercises | ☐ Dry Needling |
| ☐ Joint / Soft Tissue Mobilization | ☐ Manual Therapy |

☐ Other _____

- ☐ Epicondylitis
- ☐ Carpal Tunnel
- ☐ Pitching/Throwing Program
- ☐ Shoulder Impingement
- ☐ Shoulder Instability
- ☐ Shoulder Adhesive Capsulitis
- ☐ S/P Rotator Cuff Repair
- ☐ S/P Acromioplasty
- ☐ S/P Flexor/Extensor Tendon Repair
- ☐ S/P Hip/Knee Joint Arthroplasty
- ☐ S/P Hip Arthroscopy Labral Tear/Microfracture
- ☐ S/P ACL Reconstruction PT/HT/ALLO/AUTO
- ☐ S/P Meniscal Repair Medial/Lateral
- ☐ S/P Spine Fusion/Laminectomy
- ☐ Weight Bearing Status _____

FWB	PWB _____ Weeks
TTWB _____ Weeks	NWB _____ Weeks

Splinting/Taping _____

Comments _____

Requested Location _____ Requested Therapist _____
optional *optional*

Next physician appointment _____

☐ I, referring provider, attest that I have discussed this referral with the patient, and the patient has provided consent to the sharing of their demographic and contact information with Memorial Hermann or its affiliated providers for the purposes related to this referral, including: (1) telephone calls and text messages regarding health care, including but not limited to scheduling, reminders, and medication refills; (2) email or mail communications regarding health care, including but not limited to scheduling, reminders, and medication referrals; and (3) other information regarding my health care, billing and health related services and benefits. I have instructed the patient if they wish to revoke this consent, they may contact Memorial Hermann at 713-222-CARE (2273) or opt out directly after receipt of communication.

☐ AM
☐ PM

Provider Signature _____ Print Name _____ NPI/MHHS ID. _____ Date _____ Time _____ Contact No. _____



Sports Medicine & Rehabilitation Centers

- | | | | |
|--|--------------------------------------|--|-------------------------------|
| A Aquatic Therapy | G Dry Needling | L Prenatal/ Postpartum Therapy | P TMJ Therapy |
| B Hand Therapy | H Neurological Rehabilitation | M AlterG®/Body Weight Support Treadmill | Q Concussion Therapy |
| C Sport-Specific Rehabilitation | I Lymphedema Management | N Physical Therapy | R Occupational Therapy |
| D McKenzie Method® | J Vestibular Rehabilitation | O Pelvic Floor Therapy | S Schroth Method |
| E IASTM | K Speech Therapy | | |

Appointments:
713.521.0020 or
1.888.301.8477

FAX:
713.874.1798 or
1.888.504.8477

SOUTHWEST

- Southwest** **B C D E N R**
7789 Southwest Fwy., Suite 570, Houston, TX 77074
713.456.5221 F: 713.456.5229
- Rockets Sports Medicine Institute-Sugar Land** **B C E G L M**
17520 W. Grand Pkwy. S., Suite 100, Sugar Land, TX 77479 **N Q R**
281.725.5895 F: 281.725.5898
- Sugar Land-Williams Trace** **A B C D E G H I L N O R S**
14857 Southwest Fwy., Sugar Land, TX 77478
281.242.8900 F: 281.242.0355
- Sienna** **C E G N**
8790 Hwy. 6, Suite 140, Missouri City, TX 77459
281.778.1822 F: 281.778.1826
- Wharton** **C H J L N**
2018 Regional Medical Center Dr., Suite 1301, Wharton, TX 77488
979.532.0888 F: 832.658.4040

WEST

- Katy** **A C E G L N O**
23960 Katy Fwy., Suite 100, Medical Plaza 2, Katy, TX 77494
281.644.7880 F: 281.644.7888
- Town and Country** **A C E J N S**
650 W. Bough Lane, Suite 168, Houston, TX, 77024
832.658.3150 F: 713.722.7051
- Rockets Sports Medicine Institute - Katy** **B C E G M N R**
23910 Katy Fwy., Suite 100, Katy, TX 77493
281.500.6100 F: 281.500.6101
- Rockets Sports Medicine Institute-Memorial City** **B C E G M N Q R S**
10125 Katy Fwy., Suite 100, Houston, TX 77024
713.242.2270 F: 713.242.3931
- Corbindale** **C E G L N**
950 Corbindale Road, Suite 100, Houston, TX 77024
713.338.7570 F: 713.338.7575
- Convenient Care Center-South Katy** **B C D E G N R S**
22430 Grand Corners Dr., Katy, TX 77494
281.371.1850 F: 281.371.1851

SOUTHEAST

- Pasadena** **B C E G J N R**
4804 E. Sam Houston Pkwy. S., Suite 200, Pasadena, TX 77505
281.487.4457 F: 281.991.0336
- Southeast** **B C D G J N Q R**
Medical Plaza I, 11914 Astoria Blvd., Suite 620, Houston, TX 77089
281.929.4475 F: 281.929.6276
- Memorial Hermann | Rockets Sports Medicine Institute-Pearland** **B C D E G M N P Q**
11049 Memorial Hermann Dr., Suite 150, Pearland, TX 77584
713.436.8869 F: 713.436.1838
- Pearland East** **C E G N R S**
5032 W. Broadway, Pearland, TX 77581
281.485.4044 F: 281.485.4081
- Alvin-Thelma Ley Anderson YMCA** **C G N**
3201 S. Hwy. 35, Alvin, TX 77511
281.331.9559 F: 281.331.8875
- Webster** **B C E G L N O R**
19419-3 Gulf Fwy., Webster, TX 77598
281.488.2815 F: 281.488.2844
- Convenient Care Center-League City** **C E N**
2555 S. Gulf Fwy., League City, TX 77573
832.932.9820 F: 832.932.9825

EAST

- East Houston** **C D E G L N**
10907 East Fwy., Houston, TX 77029
713.674.2573 F: 713.674.3081
- Mid County** **B C E G N R**
3512 Hwy. 365, Nederland, TX, 77627
409.722.7116 F: 409.722.7450

NORTH

- Willis** **C E G N**
12318 I-45, Suite 500, Willis, TX 77378
936.441.4422 F: 936.441.4427
- South Conroe** **C E I G H J L N P Q**
690 S. Loop 336 W., Suite 120, Conroe, TX 77304
936.270.6020 F: 936.270.6025
- Willowbrook** **C D E G N**
19760 State Hwy. 249, Houston, TX 77070
281.469.9397 F: 281.469.9756
- The Woodlands** **C E G L M N O P S**
Medical Plaza 4, 9180 Pinecroft Dr., Suite 200, The Woodlands, TX 77380
713.897.2549 F: 713.897.2544
- The Woodlands-Sterling Ridge** **C D E J L N P Q**
10333 Kuykendahl, Suite C, The Woodlands, TX 77382
832.813.7023 F: 832.813.7099
- Rockets Sports Medicine Institute-The Woodlands** **B C G M N R**
9305 Pinecroft Dr., Suite 100, The Woodlands, TX 77380
713.897.7930 F: 713.897.2632
- Rockets Sports Medicine Institute-Cypress** **B C E G N O Q R**
27646 Northwest Fwy., Suite 150, Cypress, TX 77433
346.231.6900 F: 346.231.6901
- Convenient Care Center-Spring** **C E G J N Q**
7474 N. Grand Pkwy., Suite 300, Spring, TX 77379
281.374.5440 F: 281.374.5445

NORTHEAST

- Fall Creek** **C E L N O**
9522 N. Sam Houston Pkwy. E., Suite 2330, Humble, TX 77396
713.814.2510 F: 713.704.3890
- Atascocita** **B C E G J N Q**
13531 Will Clayton Pkwy., Suite 600, Humble, TX 77346
713.814.2520 F: 713.704.3891
- Convenient Care Center-Kingwood** **C E G N Q**
4533 Kingwood Dr., Level 1, Suite 100, Kingwood, TX 77345
832.658.4310 F: 713.704.2763
- Kingwood West** **B C E G N Q**
722 Kingwood Dr., Kingwood, TX 77339
713.814.2530 F: 713.704.3844

CENTRAL

- Rockets Sports Medicine Institute-Texas Medical Center** **B C E G M N Q R**
6400 Fannin St., Suite 1620, Houston, TX 77030
713.704.9602 F: 713.704.9005
- Greenway Plaza** **B C D E G L N O R**
3651 Wesleyan St., Suite 110, Houston, TX 77027
713.850.8472 F: 713.850.8490
- Rockets Sports Medicine Institute-Shepherd Square** **C E G M N Q**
2085 Westheimer Rd., Houston, TX 77098
713.526.6143 F: 713.527.8215
- Greater Heights** **A B C D E G N R**
300 North Loop, Suite 300, Houston, TX 77008
713.867.2300 F: 713.867.2545
- Convenient Care Center-Greater Heights** **C D E G N S**
1431 Studemont St., Houston, TX 77007
346.701.3820 F: 346.701.3825
- Bellaire** **C G N P Q S**
5420 W. Loop S., Suite 1400, Bellaire, TX 77401
713.314.4531 F: 713.314.4579

**MEMORIAL
HERMANN**
Sports Medicine &
Rehabilitation