

Physical and Occupational Therapy Referral

Phone: 713-521-0020 or 1.888.301.8477

Fax: 713.874.1798 or 1.888.504.8477 memorialhermann.org

Date: _____

Patient Name: _____ Phone: _____

Diagnosis: _____ ICD 10 Code: _____

Date of Injury: _____ Date of Surgery: _____ Procedure: _____

Frequency/Duration: days per week (*check one*) 1 2 3 4 5 for _____ weeks Area to be Treated: _____

Case Manager: _____ Phone: _____

Physical Therapy Occupational Therapy Speech Therapy

Evaluate and Treat

Procedures

- Procedures per Therapist Discretion
- Therapeutic Activities
- Neuromuscular Re-education
- Instrument Assisted
 Soft Tissue Mobilization (IASTM)
- PROM / AAROM / AROM
- Stabilization / Strengthening
- Functional Exercises
- Joint / Soft Tissue Mobilization
- Isokinetic Strength Testing
- Return to Play
- Modalities as Indicated
- Aquatic Rehabilitation
- Home Education and Instruction
- Proprioceptive / Balance Training
- Mechanical Traction
- Dry Needling
- Manual Therapy

Other _____

Splinting/Taping _____

Comments _____

Requested Location _____ Requested Therapist _____

optional

optional

Next physician appointment _____

Rehabilitation Protocols

- Epicondylitis
- Carpal Tunnel
- Pitching/Throwing Program
- Shoulder Impingement
- Shoulder Instability
- Shoulder Adhesive Capulitis
- S/P Rotator Cuff Repair
- S/P Acromioplasty
- S/P Flexor/Extensor Tendon Repair
- S/P Hip/Knee Joint Arthroplasty
- S/P Hip Arthroscopy Labral Tear/Microfracture
- S/P ACL Reconstruction PT/HT/ALLO/AUTO
- S/P Meniscal Repair Medial/Lateral
- S/P Spine Fusion/Laminectomy
- Weight Bearing Status _____

FWB _____	PWB _____ Weeks
TTWB _____ Weeks	NWB _____ Weeks

Signature _____ Physician Print Name _____ NPI/MHHS ID. _____ Date _____ Time _____ Contact No. _____

AM
 PM



MEMORIAL HERMANN SPORTS MEDICINE & REHABILITATION

- | | | | | |
|--|--------------------------------------|--|-------------------------------|-------------------------------|
| A Aquatic Therapy | E IASTM | J Vestibular Rehabilitation | N Physical Therapy | Q Concussion Therapy |
| B Hand Therapy | G Dry Needling | K Speech Therapy | O Pelvic Floor Therapy | R Occupational Therapy |
| C Sport-Specific Rehabilitation | H Neurological Rehabilitation | L Prenatal/Postpartum Therapy | P TMJ Therapy | S Schroth Method |
| D McKenzie Method® | I Lymphedema Management | M AlterG®/Body Weight Support Treadmill | | |

For appointments call:
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SOUTHWEST

- Memorial Hermann Southwest** (B C D E G N R)
7789 Southwest Fwy., Suite 570, Houston, TX 77074
713.456.5221 F: 713.456.5229
- IRONMAN Sports Medicine Institute-Sugar Land** (B C E G L M N)
17520 W. Grand Pkwy. South, Suite 100, Sugar Land, TX 77479 (Q R)
281.725.5895 F: 281.725.5898
- Sugar Land-Williams Trace** (A B C D E G H L N O R)
14857 Southwest Fwy., Sugar Land, TX 77478
281.242.8900 F: 281.242.0355
- Sienna** (C D I L N)
8790 Hwy. 6, Suite 140, Missouri City, TX 77459
281.778.1822 F: 281.778.1826
- Wharton** (C H J L N)
2018 Regional Medical Center Dr., Suite 1301, Wharton, TX 77488
979.532.0888 F: 832.658.4040

WEST

- Memorial Hermann Katy** (A B C E N Q R)
23960 Katy Fwy., Suite 100, Katy, TX 77494
281.644.7880 F: 281.644.7888
- Town and Country** (A C E G L N S)
700 Town & Country Blvd., Suite 2490, Houston, TX, 77024
832.658.3150 F: 713.722.7051
- IRONMAN Sports Medicine Institute-Katy at Memorial Hermann Sports Park** (C E G M N)
23910 Katy Fwy., Suite 100, Katy, TX 77493
281.500.6100 F: 281.500.6101
- IRONMAN Sports Medicine Institute-Memorial City** (B C D E G J M N O R S)
10125 Katy Fwy., Suite 100, Houston, TX 77024
713.242.2270 F: 713.242.3931

10 Westside (C D N)

1140 Business Center Dr., Suite 102, Houston, TX 77043
713.338.7570 F: 713.338.7575

- Memorial Hermann Convenient Care Center-South Katy** (B C D E G J N R S)
22430 Grand Corners Dr., Katy, TX 77494
281.371.1850 F: 281.371.1851

SOUTHEAST

- Pasadena** (B C E G J N R)
4804 E. Sam Houston Pkwy. South, Suite 200, Pasadena, TX 77505
281.487.4457 F: 281.991.0336
- Memorial Hermann Southeast** (B C D E H J K N Q R)
Medical Plaza I, 11914 Astoria Blvd., Suite 620, Houston, TX 77089
281.929.4475 F: 281.929.6276
- Pearland West - Silverlake Village** (A C D E G L N Q)
3149 Silverlake Village, Suite 120, Pearland, TX 77584
713.436.8869 F: 713.436.1838
- Pearland East** (B C D E G H N R S)
5032 W. Broadway, Pearland, TX 77581
281.485.4044 F: 281.485.4081
- Alvin - Thelma Ley Anderson YMCA** (C D J N)
3201 S. Hwy. 35, Alvin, TX 77511
281.331.9559 F: 281.331.8875
- Webster** (B C E G L N O R)
19419-3 Gulf Fwy., Webster, TX 77598
281.488.2815 F: 281.488.2844
- Memorial Hermann Convenient Care Center-League City** (C E N)
2555 S. Gulf Fwy., League City, TX 77573
832.932.9820 F: 832.932.9825

EAST

- East Houston** (C D E G L N)
10907 I-10 East Fwy., Houston, TX 77029
713.674.2573 F: 713.674.3081
- Mid County** (B C E G L N R)
3512 Hwy. 365, Nederland, TX, 77627
409.722.7116 F: 409.722.7450

NORTH

- Conroe** (C E G L N P Q)
2956 I-45 North, Suite 500, Conroe, TX 77303
936.441.4422 F: 936.441.4427
- South Conroe** (C E I G H J L N Q)
690 South Loop 336 West, Suite 120, Conroe, TX 77304
936.270.6020 F: 936.270.6025
- Willowbrook** (C D N)
19760 State Hwy. 249, Houston, TX 77070
281.469.9397 F: 281.469.9756
- Memorial Hermann The Woodlands** (C E G J L M N O P Q S)
Medical Plaza 4, 9180 Pinecroft Dr., Suite 200, The Woodlands, TX 77380
713.897.2549 F: 713.897.2544
- The Woodlands-Sterling Ridge** (C D E G J L N P)
10333 Kuykendahl, Suite C, The Woodlands, TX 77382
832.813.7023 F: 832.813.7099
- IRONMAN Sports Medicine Institute-The Woodlands** (B C G M N O Q R)
9305 Pinecroft Dr., Suite 450, The Woodlands, TX 77380
713.897.7930 F: 713.897.2632
- Memorial Hermann Cypress** (C E G N O Q)
27700 Northwest Fwy., Suite 130, Cypress, TX 77433
346.231.6900 F: 346.231.6901
- Memorial Hermann Convenient Care Center-Spring** (C E J N Q)
7474 N. Grand Pkwy., Suite 300, Spring, TX 77379
281.374.5440 F: 281.374.5445

NORTHEAST

- Fall Creek** (C E J L N O Q S)
9522 N. Sam Houston Pkwy. East, Suite 2330, Humble, TX 77396
713.814.2510 F: 713.704.3890
- Atascocita** (C D E G J L N Q)
13531 Will Clayton Pkwy., Suite 600, Humble, TX 77346
713.814.2520 F: 713.704.3891
- Memorial Hermann Convenient Care Center-Kingwood** (C E G N Q J P)
4533 Kingwood Dr., Level 1, Suite 100, Kingwood, TX 77345
832.658.4310 F: 713.704.2763
- Kingwood West** (B C E G N Q)
601 Rockmead Dr., Kingwood, TX 77339
713.814.2530 F: 713.704.3844

CENTRAL

- IRONMAN Sports Medicine Institute** (B C E G J M N O R)
6400 Fannin St., Suite 1620, Houston, TX 77030
713.704.2200 F: 713.704.9602
- Greenway Plaza** (B C D E G L N O R)
3651 Weslayan St., Suite 110, Houston, TX 77027
713.850.8472 F: 713.850.8490
- Shepherd Square** (C E G M N Q)
2085 Westheimer Rd., Houston, TX 77098
713.526.6143 F: 713.527.8215
- Memorial Hermann Greater Heights** (A B C D E G L N R)
300 North Loop, Suite 300, Houston, TX 77008
713.867.2300 F: 713.867.2545
- Memorial Hermann Convenient Care Center-Greater Heights** (C D E G N S)
1431 Studemont St., Houston, TX 77007
346.701.3820 F: 346.701.3825
- Bellaire** (C G I N P Q S)
5420 West Loop South, Suite 1400, Bellaire, TX 77401
713.314.4531 F: 713.314.4579

MEMORIAL
HERMANN
Sports Medicine &
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