

MEMORIAL HERMANN SPORTS MEDICINE & REHABILITATION

- | | | | | |
|--|--------------------------------------|--|-------------------------------|-------------------------------|
| A Aquatic Therapy | E IASTM | J Vestibular Rehabilitation | N Physical Therapy | Q Concussion Therapy |
| B Hand Therapy | G Dry Needling | K Speech Therapy | O Pelvic Floor Therapy | R Occupational Therapy |
| C Sport-Specific Rehabilitation | H Neurological Rehabilitation | L Prenatal/Postpartum Therapy | P TMJ Therapy | S Schroth Method |
| D McKenzie Method® | I Lymphedema Management | M AlterG®/Body Weight Support Treadmill | | |

For appointments call:
713.521.0020 or 1.888.301.8477

FAX: 713.874.1798
or 1.888.504.8477

SOUTHWEST

- 1 Memorial Hermann Southwest** **B C D E G N R**
7789 Southwest Fwy., Suite 570, Houston, TX 77074
713.456.5221 F: 713.456.5229
- 2 IRONMAN Sports Medicine Institute-Sugar Land** **B C E G L M N**
17520 W. Grand Pkwy. South, Suite 100, Sugar Land, TX 77479 **O R**
281.725.5895 F: 281.725.5898
- 3 Sugar Land-Williams Trace** **A B C D E G H L N O R**
14857 Southwest Fwy., Sugar Land, TX 77478
281.242.8900 F: 281.242.0355
- 4 Sienna** **C D J L N**
8790 Hwy. 6, Suite 140, Missouri City, TX 77459
281.778.1822 F: 281.778.1826
- 5 Wharton** **C H J L N**
2018 Regional Medical Center Dr., Suite 1301, Wharton, TX 77488
979.532.0888 F: 832.658.4040

WEST

- 6 Memorial Hermann Katy** **A B C E N Q R**
23960 Katy Fwy., Suite 100, Katy, TX 77494
281.644.7880 F: 281.644.7888
- 7 Town and Country** **A C E G L N S**
700 Town & Country Blvd., Suite 2490, Houston, TX, 77024
832.658.3150 F: 713.722.7051
- 8 IRONMAN Sports Medicine Institute-Katy at Memorial Hermann Sports Park** **C E G M N**
23910 Katy Fwy., Suite 100, Katy, TX 77493
281.500.6100 F: 281.500.6101
- 9 IRONMAN Sports Medicine Institute-Memorial City** **B C D E G J**
10125 Katy Fwy., Suite 100, Houston, TX 77024 **M N Q R S**
713.242.2270 F: 713.242.3931
- 10 Westside** **C D N**
1140 Business Center Dr., Suite 102, Houston, TX 77043
713.338.7570 F: 713.338.7575
- 11 Memorial Hermann Convenient Care Center-South Katy** **B C D E G**
22430 Grand Corners Dr., Katy, TX 77494 **J N R S**
281.371.1850 F: 281.371.1851

SOUTHEAST

- 12 Pasadena** **B C E G J N R**
4804 E. Sam Houston Pkwy. South, Suite 200, Pasadena, TX 77505
281.487.4457 F: 281.991.0336
- 13 Memorial Hermann Southeast** **B C D E H J K N Q R**
Medical Plaza I, 11914 Astoria Blvd., Suite 620, Houston, TX 77089
281.929.4475 F: 281.929.6276
- 14 Pearland West - Silverlake Village** **A C D E G L N Q**
3149 Silverlake Village, Suite 120, Pearland, TX 77584
713.436.8869 F: 713.436.1838
- 15 Pearland East** **B C D E G H N R S**
5032 W. Broadway, Pearland, TX 77581
281.485.4044 F: 281.485.4081
- 16 Alvin - Thelma Ley Anderson YMCA** **C D J N**
3201 S. Hwy. 35, Alvin, TX 77511
281.331.9559 F: 281.331.8875
- 17 Webster** **B C E G L N O R**
19419-3 Gulf Fwy., Webster, TX 77598
281.488.2815 F: 281.488.2844
- 18 Memorial Hermann Convenient Care Center-League City** **C E N**
2555 S. Gulf Fwy., League City, TX 77573
832.932.9820 F: 832.932.9825

EAST

- 19 East Houston** **C D E G L N**
10907 I-10 East Fwy., Houston, TX 77029
713.674.2573 F: 713.674.3081
- 20 Mid County** **B C E G L N R**
3512 Hwy. 365, Nederland, TX, 77627
409.722.7116 F: 409.722.7450

NORTH

- 21 Conroe** **C E G L N P Q**
2956 I-45 North, Suite 500, Conroe, TX 77303
936.441.4422 F: 936.441.4427
- 22 South Conroe** **C E I G H J L N Q**
690 South Loop 336 West, Suite 120, Conroe, TX 77304
936.270.6020 F: 936.270.6025
- 23 Willowbrook** **C D N**
19760 State Hwy. 249, Houston, TX 77070
281.469.9397 F: 281.469.9756
- 24 Memorial Hermann The Woodlands** **C E G J L M N O P Q S**
Medical Plaza 4, 9180 Pinecroft Dr., Suite 200,
The Woodlands, TX 77380
713.897.2549 F: 713.897.2544
- 25 The Woodlands-Sterling Ridge** **C D E G J L N P**
10333 Kuykendahl, Suite C, The Woodlands, TX 77382
832.813.7023 F: 832.813.7099
- 26 IRONMAN Sports Medicine Institute-The Woodlands** **B C G M N Q R**
9305 Pinecroft Dr., Suite 450, The Woodlands, TX 77380
713.897.7930 F: 713.897.2632
- 27 Memorial Hermann Cypress** **C E G N O Q**
27700 Northwest Fwy., Suite 130, Cypress, TX 77433
346.231.6900 F: 346.231.6901
- 28 Memorial Hermann Convenient Care Center-Spring** **C E J N Q**
7474 N. Grand Pkwy., Suite 300, Spring, TX 77379
281.374.5440 F: 281.374.5445

NORTHEAST

- 29 Fall Creek** **C E J L N O Q S**
9522 N. Sam Houston Pkwy. East, Suite 2330, Humble, TX 77396
713.814.2510 F: 713.704.3890
- 30 Atascocita** **C D E G J L N Q**
13531 Will Clayton Pkwy., Suite 600, Humble, TX 77346
713.814.2520 F: 713.704.3891
- 31 Memorial Hermann Convenient Care Center-Kingwood** **C E G N Q**
4533 Kingwood Dr., Level 1, Suite 100, Kingwood, TX 77345 **J P**
832.658.4310 F: 713.704.2763
- 32 Kingwood West** **B C E G N Q**
601 Rockmead Dr., Kingwood, TX 77339
713.814.2530 F: 713.704.3844

CENTRAL

- 33 IRONMAN Sports Medicine Institute** **B C E G J M N Q R**
6400 Fannin St., Suite 1620, Houston, TX 77030
713.704.2200 F: 713.704.9602
- 34 Greenway Plaza** **B C D E G L N O R**
3651 Wesleyan St., Suite 110, Houston, TX 77027
713.850.8472 F: 713.850.8490
- 35 Shepherd Square** **C E G M N Q**
2085 Westheimer Rd., Houston, TX 77098
713.526.6143 F: 713.527.8215
- 36 Memorial Hermann Greater Heights** **A B C D E G L N R**
300 North Loop, Suite 300, Houston, TX 77008
713.867.2300 F: 713.867.2545
- 37 Memorial Hermann Convenient Care Center-Greater Heights** **C D E**
1431 Studemont St., Houston, TX 77007 **G N S**
346.701.3820 F: 346.701.3825
- 38 Bellaire** **C G J N P Q S**
5420 West Loop South, Suite 1400, Bellaire, TX 77401
713.314.4531 F: 713.314.4579

MEMORIAL
HERMANN
Sports Medicine &
Rehabilitation

Sports Medicine & Rehabilitation Centers

Treatment Close to Home: With 38 locations across the city, we provide convenient, accessible care where you live and work.

Direct Access to Physical Therapy: Direct access allows you to seek and receive evaluation and treatment from a physical therapist without the need to see another provider first – no referral required. We offer direct access to physical therapy at Memorial Hermann Sports Medicine and Rehabilitation clinics as well as Memorial Hermann IRONMAN Sports Medicine Institute facilities.

Centralized Scheduling: Our centralized scheduling staff is available to assist with the most convenient appointment dates, times and locations.

Certified, Specialized Therapists: Our licensed, highly skilled therapists will determine whether you are better suited for general therapy or one of our specialty programs. We will take the time to set goals specifically addressing your needs.

Comprehensive Services: We provide a wide range of therapy programs, including:

- Hand therapy
- Aquatic therapy
- Neurological rehabilitation
- Lymphedema management
- Vestibular rehabilitation
- Speech therapy
- TMJ therapy
- Isokinetic testing
- McKenzie Method®
- Dry needling
- Prenatal/postpartum therapy
- Pelvic floor therapy
- Schroth Method
- AlterG®/Body Weight Support Treadmill, Instrument-Assisted Soft Tissue Mobilization (IASTM), TRX®, active release
- Sport-specific rehabilitation and performance improvement/physical therapy

Physician Collaboration: We develop your individualized therapy program in close collaboration with your physician. Our therapists perform comprehensive evaluations of each patient. We communicate our findings and recommended plan of care to your physician after the comprehensive patient evaluation is completed. Throughout the treatment process, we keep your physician informed about your progress.

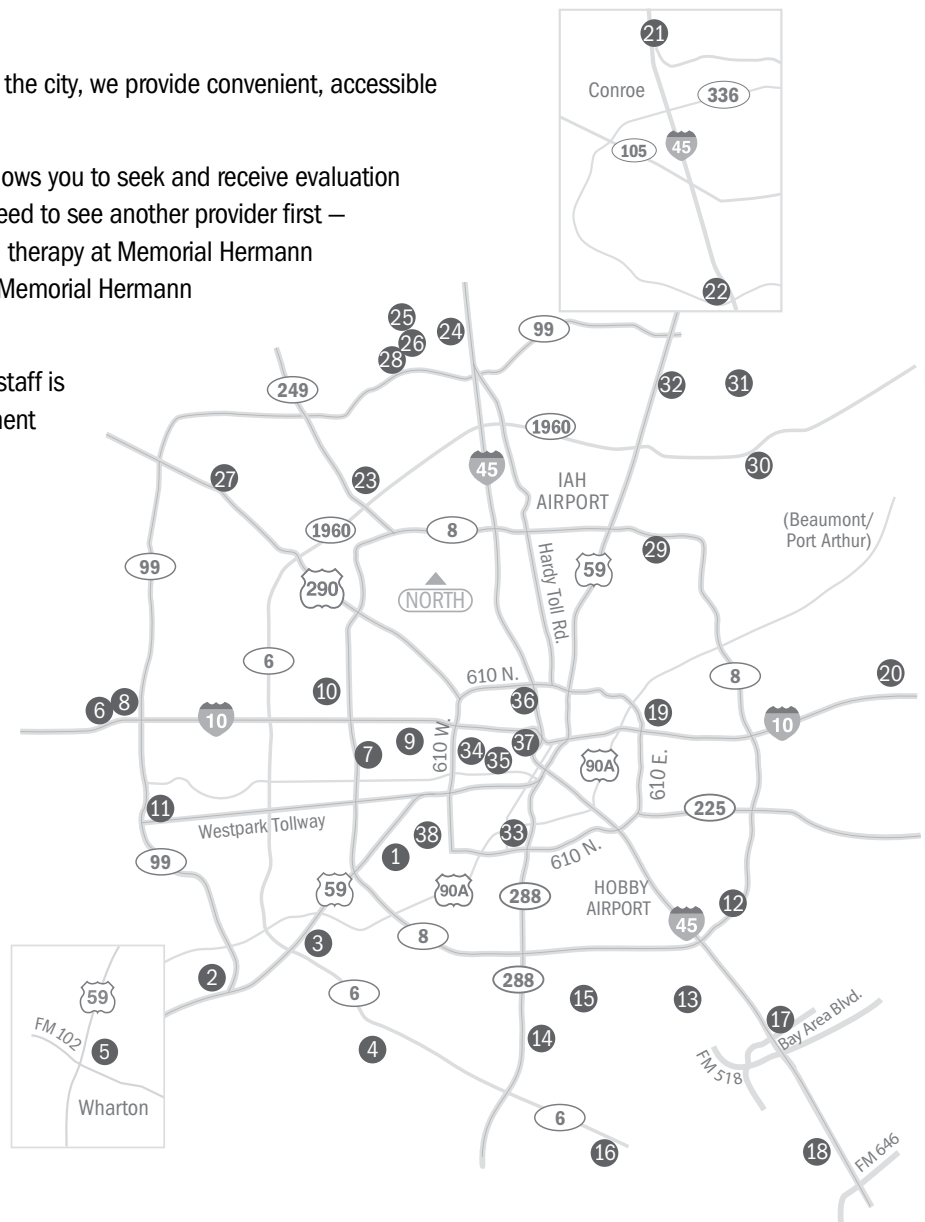
Insurance: We are committed to working with your physician, insurance provider and employer to provide you full access to our healthcare services. We accept most major insurance plans. Contact your insurance carrier, or visit memorialhermann.org and go to the “Patients & Caregivers” section. Click on “Accepted Insurance” for a listing of insurance plans accepted by our facilities and affiliated providers.

For Appointments and Scheduling:

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F 713.874.1798 or 1.888.504.8477

memorialhermann.org/therapy



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