Closing the Gap in Community Mental and Behavioral Health

The lack of community mental health programs means patients wait until their situations become crises before reaching out for care. Three Memorial Hermann Mental Health Crisis Clinics located in Meyerland, Spring Branch and Humble operate as “urgent care” options for individuals experiencing mental health and behavioral concerns. Available for walk-ins early mornings, late evenings and two Saturdays a month, the clinics offer emergency medicine prescriptions, brief counseling, solution-focused intervention, psychosocial assessments and safety planning. They also can connect patients to social services.

The clinics are not designed to provide continuous outpatient mental health care. Instead, the clinic staff provides immediate care and works with patients to arrange an appointment with an outpatient provider.

Each clinic has a care team of licensed professionals that works to alleviate the urgent issue that prompted the visit, understand the patient’s unique psycho-social circumstances and place the patient on a pathway to improved emotional and mental health. The team empowers patients with education that includes coping mechanisms and interventions that patients and families can readily implement, supporting compliance with their mental health treatment plans and promoting long-term, improved health outcomes.

Locations
Memorial Hermann Mental Health Crisis Clinic—Spring Branch
10780 Westview Drive
Suite C
Houston, TX 77043
Phone: 713.338.6422

Memorial Hermann Mental Health Crisis Clinic—Meyerland Area
4850 W. Bellfort
Houston, TX 77035
Phone: 713.338.6422

Memorial Hermann Mental Health Crisis Clinic—Northeast
18838 S. Memorial Drive
Suite 106
Humble, TX 77338
Phone: 713.338.6422