

A PUBLICATION
FOR THE FRIENDS OF
MEMORIAL HERMANN

Memorial Hermann Foundation
Spring 2019

ADVANCING THE

VISION



PROFILES IN PHILANTHROPY

SOULMATES FOR LIFE

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DEAR FRIENDS,

I'm pleased to introduce the new look of our Memorial Hermann Foundation Vision magazine. The redesigned format allows us to go deeper into stories about the latest innovations and achievements at Memorial Hermann along with highlighting our extraordinary donors and what they make possible.

In this issue, we ask Chuck Stokes and Deborah Cannon to share their vision for transforming the future of health care. We explore the interesting ways our Community Benefit Corporation is reaching out to make Houston neighborhoods healthier. We give you a closer look at the Susan and Fayez Sarofim Pavilion that will greatly enhance our trauma services, and we share three-year-old Gray's poignant story.

And, in our cover story, we take you inside the lives of longtime Memorial Hermann supporters, Ann and Clarence Cazalot, who are this year's *Circle of Life Gala* honorees. These are two of the nicest, most generous and good-hearted people I know.

Our goal is to put a finer lens on what happens when your generosity and Memorial Hermann's expertise come together.

I hope you enjoy our new Vision, and I thank you for your ongoing support.

A handwritten signature in black ink that reads "Anne".

Anne E. Neeson
Executive Vice President & CEO
Memorial Hermann Foundation

FUTURE READY

**Memorial Hermann Health System
President and CEO Chuck Stokes
and Chair of the Memorial Hermann
Health System Board Deborah Cannon
talk about building on success.**



Memorial Hermann is a leading healthcare organization. How do you build on that?

Chuck We've always been a forward-thinking organization and that has served us well. Today, we're on a journey toward creating a more consumer-centric approach to health care. Accessibility, convenience, affordability, quality and safe care, and the expanded use of technology continue to be huge priorities. And we're redesigning our key service lines – orthopedics, neurosciences, heart and vascular and women and children's – to ensure services are consistent across our continuum of care with a continued focus on safe, high-quality care at an affordable price.

Deborah We're looking to optimize our service lines, enhancing capabilities at key locations across the community, ensuring they are easily accessible. We're also placing a focus on education, teaching members of our community how to live healthier lives and supporting them with appropriate resources like access to healthy foods.

When you look at the future of health care, what do you see?

Chuck Health care today is geared towards prevention or wellness and the use of technology to enhance access to

OUR GOAL IS TO CREATE
A MODEL FOR INTEGRATED,
CONSUMER-CENTRIC,
COST-EFFECTIVE CARE.

Chuck Stokes President and CEO
Memorial Hermann Health System

the appropriate level of care for our patients. As we look to the future, I think we're going to see an accelerated use of genomics and precision medicine to better predict, diagnose and treat illnesses.

Deborah Technology is going to play a huge role in our ability to provide low-cost care options for our patients, and I'm pleased to see that

we have made great strides in that area with Virtual Care and telemedicine. We must continue to expand our suite of digital services, which is a key priority for the organization.

Memorial Hermann has one of the best quality records in health care in terms of safety and patient care. How have you accomplished that?

Chuck We call it our journey to high reliability, which is a cultural shift in making safety and quality a core value of the organization. Our Board has fully embraced this journey. Over the last 12 years, we have invested millions of dollars to educate employees and physicians about our journey to high reliability where zero is the only acceptable metric.

Because of these focused educational efforts, the significant investments in safety and quality across the System, and with the commitment from the Board, we are nationally recognized as one of the premier high-reliability organizations in the industry.



Deborah Our success is due to the very intentional efforts by both the Board and our senior leaders and through the hard work of our employees and physicians to embrace safe, high-quality care as a core value across the System.

I'M MOST PROUD THAT WE ARE VIEWED WITHIN THE INDUSTRY AS ONE OF THE SAFEST, HIGHEST-QUALITY SYSTEMS IN THE COUNTRY.

Deborah Cannon Chair of the Board
Memorial Hermann Health System

without merging at this time. Our goal was never about getting bigger. Our goal is to create a model for integrated, consumer-centric, cost-effective care, and I'm confident in Memorial Hermann's ability to accelerate and achieve this effort.

Talk a little about Memorial Hermann's growth.

Chuck Memorial Hermann has grown substantially in the last decade with recent expansions at Memorial Hermann -Texas Medical Center, Memorial Hermann Northeast Hospital, Memorial Hermann Sugar Land Hospital, Memorial Hermann Katy Hospital and Memorial Hermann The Woodlands Medical Center. Collectively, we have made investments in the hundreds of millions to ensure that we are growing with our community to meet their needs. Beyond our growth in hospitals, we have grown in areas of Virtual Care and will soon offer additional digital resources to the community. We have also expanded our primary care network and launched Urgent Care facilities in key locations.

Deborah They're a wonderful organization and we continue to have tremendous respect for each other.

While this merger did not move forward, we will continue to seek strategic partnerships and other collaborative opportunities that will accelerate our vision.

In your roles with Memorial Hermann, what are you most proud of?

Deborah I'm most proud of the fact that we are viewed within the industry as one of the safest, highest-quality systems in the country. The general public may believe that all doctors and hospitals are alike in that regard, and there could be nothing further from the truth.

Memorial Hermann and Baylor Scott & White recently discontinued talks about merging. How did you make that decision?

Chuck Ultimately, we concluded that as strong, successful organizations, we can achieve our visions for the future

Chuck I'm most proud of the commitment our Board and our System have made to improving quality, patient safety and the consumer journey. I'm also proud of the generous spirit of our Houston community. I've been in seven different organizations, and I have never seen a more philanthropic community than this one.

COMMUNITY SPOTLIGHT



DOING THE RIGHT THING

Community Benefit Corporation

How an impassioned team is creating a healthier Houston, neighborhood by neighborhood

Five minutes into a conversation with Carol Paret leaves no doubt. This is a woman committed to helping everyday people navigate the complexities of the healthcare landscape, gain better access to care and embrace healthier lifestyles.

She is the CEO of Memorial Hermann Community Benefit Corporation, an important arm of Memorial Hermann Health System. What began as a pioneering health planning initiative back in 1995 has evolved into a thriving network of innovative programs, partnerships and initiatives that provide greater access to health care and improve the overall health of the population Memorial Hermann serves.

“We’re really trying to focus in areas that we think can have the greatest impact on the community as a whole,” says Carol, who acknowledges the challenges of doing so in a metropolitan area the size of ours, especially in a state *“where we are not meeting the needs of our citizens.”*

Community Benefit Corporation works with Memorial Hermann Health System and Memorial Hermann Foundation, using every possible resource to tackle the kinds of issues traditional health care can’t.

The Texas healthcare policy connection

Carol believes it’s time to deal with the consequences of our state’s decision not to expand Medicaid. According to recent reports, Texas has the nation’s highest number of uninsured with the least access to health care. Worse, we’re home to more than 20 percent of all uninsured children in the country. In Greater Houston alone, more than 22 percent of residents have no medical insurance.

“Our statistics in Texas are abysmal,” Carol says, *“and they have huge implications on our workforce of the future and our economic sustainability. What do we expect to happen when we put such barriers to health care in place? We need to wake up as a community and figure out a way to change.”*

Addressing real-life priorities

The team has determined that the way to do anything at a scope and scale that can have a real impact in Houston is to take a neighborhood-by-neighborhood approach, carefully considering the social determinants and environmental factors that hinder people’s ability not only to get the health care they need to treat illness and chronic conditions, but to avoid those health issues in the first place.

What they've discovered over the years are some surprising truths about the ways people struggle to meet their day-to-day needs and how it affects their power to maintain healthy habits. These revelations help explain the real reasons why many people don't take better care of themselves and their families.

- A man with diabetes isn't likely to keep up with medications when he's not sure where his family's next meal is coming from.
- Without transportation or assistance, an elderly woman simply can't get to her doctor appointments.
- A mom won't encourage an overweight child to exercise if the park near their home isn't a safe place for either of them.
- A working parent without insurance may have trouble finding appropriate care for a sick child.

16%

of Harris County residents live below the poverty line

"Our statistics in Texas are abysmal. We need to wake up as a community and figure out a way to change."

Creativity, education and compassion work wonders

Recognizing the very personal issues facing many at-risk and underserved people, Community Benefit Corporation collaborates with other healthcare providers, government agencies, business leaders and community stakeholders to find effective and realistic solutions. Often, that means creating programs from scratch.

"A lot of our ideas come from our own teams, who are the most passionate, dedicated people you will ever find," Carol says. "Our navigators, for example, see so many people with huge deficits around health literacy – how a medical home works, what to expect from a physician, how to use the system – that they created classes around those topics. And that's just out of their commitment and desire to make sure people get the services they need."



Measuring performance is critical

By design, Community Benefit Corporation has living proof that their programs work. For them, it's never enough to spout the number of people they serve. With performance measures in place from the start of any initiative, they can show the outcomes their programs achieve, from better academic scores and more appropriate use of the healthcare system to improved long-term physical and mental health and wellness.

What's next for this team of high achievers?

Access to care is all about making connections, and Community Benefit Corporation is on a mission to streamline the process.

Carol and the team are excited about new plans in the works to launch a resource center at one of their facilities to bring multiple



of the area's population experience 5 or more poor mental health days a year

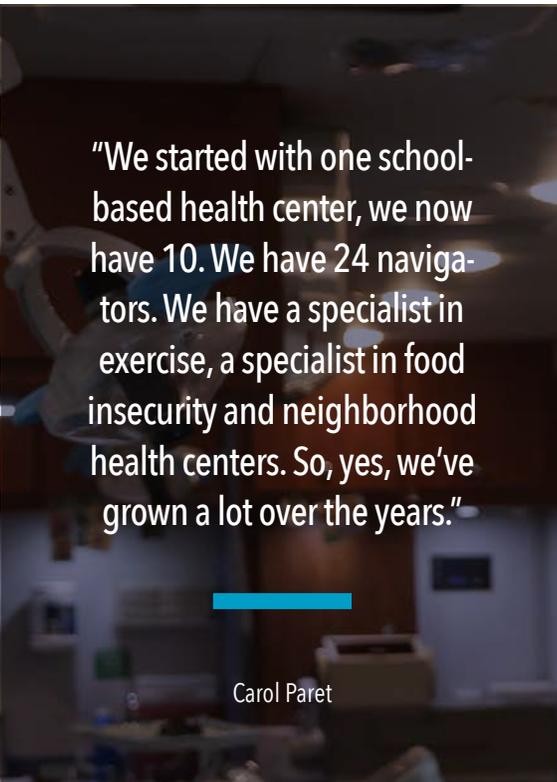


out of 10 adults in Harris County are overweight or obese

agencies together under one roof, allowing them to provide assistance with behavioral health, food support, housing, transportation, legal issues and much more.

“What’s great about this is that we can connect people immediately to a variety of services,” she says. “Even more important, they don’t have to be a patient to get help. They just have to live in the community.”

Clearly, the tenacious woman who helped start it all back in 1995 remains one of the Houston community’s most enthusiastic and strongest healthcare advocates, the ideal leader for Memorial Hermann’s aspiring community benefits programs now and in the future.



HEALTHY ATTITUDES PROMOTE POSITIVE YOUTH (H.A.P.P.Y.) RESULTS FOR KIDS AT RISK

Like her fellow Community Benefit Corporation team members, nurse practitioner Ashley Scott isn't satisfied to simply point to someone's needs. She takes action. Ashley knows the potential negative impact that extra weight can have on children's health. She also noticed firsthand the terrible toll it can take on their social skills and psyche.

Putting her creative juices to work, she developed a summer camp to deal with all these issues. Her H.A.P.P.Y. (Healthy Attitudes Promote Positive Youth) Boot Camp is a one-week event that engages kids with:

- One hour of exercise with a personal trainer
- Participation in a medical evaluation and nutrition consultation
- Group counseling to promote a healthy lifestyle and self-esteem



**H.A.P.P.Y.
BOOT CAMP**
helps kids develop
healthy habits

*"Now, if I get
bullied about
my size back
at school, I just
ignore it."*

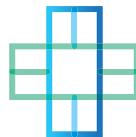
One typical participant, Michael, 13, started the camp feeling discouraged by bullies and convinced that vegetables were not his friend. His attitude soon changed. Michael found the camp to be a welcoming space that helped him learn to cope with stress, anger and sadness, and to make better food choices. As it turns out, he actually likes carrots and other healthy foods.

"Now, if I get bullied about my size back at school, I just ignore it because I know what they're saying isn't true," Michael says.

And to other kids trying to lose weight, he's happy to advise them to have fun exercising, eat right, keep a positive attitude and never give up.

THE GEORGE FOUNDATION PHILANTHROPY MAKES IT ALL POSSIBLE

For many years, the George Foundation has played a vital role in the successful work of the Community Benefit Corporation. To help make it easier and more convenient for students to get quality health care, the George Foundation provided five-year funding for two school-based health centers in Fort Bend's Lamar Consolidated School District. As the positive benefits of this initiative became obvious, the foundation generously provided additional funds, which have allowed the Community Benefit Corporation to expand its mental health services at these schools. As a result of the George Foundation's philanthropic partnership, great progress is being made every day for at-risk kids and their parents:



**THE GEORGE
FOUNDATION**
has supported
the program
for 2 decades,
providing nearly
\$4M, including
a 5-year commit-
ment to fund
2 centers.

- Students given easier access to behavioral health see their GPAs and their self-esteem go up and, conversely, their suspensions and detentions go down.
- Kids who receive treatment from the mobile dentist program have dramatically fewer cavities and better oral health, which impacts overall health.
- Parenting students and their babies get the care they need now that they can both see a doctor on their campus.
- A growing homeless student population after Hurricane Harvey is receiving help they need to stay engaged in school and get over the hurdles they face.



Three mobile vans give kids access to preventive and restorative dental services at the Health Centers for Schools.

Pictured: Mahasti Chalajour, DDS, and Miriam Montelongo, Dental Assistant

COMMUNITY BENEFIT PROGRAMS

Childhood Obesity Health Initiative

School-based and grass-roots-level opportunities for kids to be active, fit and healthy

Community Partners

Support for federally qualified health centers and like-minded nonprofit clinics and agencies

Community Partnerships

Collaborative efforts through established community organizations to improve overall health

ER Navigation Program

Help at Memorial Hermann emergency centers for uninsured and underinsured to gain access to more appropriate medical homes and social services

Exercise is Medicine

Nationally recognized program providing education, resources and exercise prescriptions

Food as Health

Targeted food insecurity screening and connections to nutritious food

Health Literacy & Community Resource Center

Educate on the complex health system and chronic disease prevention; connect to accessible community resources

Mobile Dental Clinics

Preventive and restorative dental services at the school-based health centers

Neighborhood Health Centers

Convenient, affordable care near busy emergency centers

Nurse Health Line

24-hour access to experienced, bilingual nurse operators for guidance with a medical concern

Health Centers for Schools

Access to primary medical, mental health and nutrition services at 84 Schools across five school districts:

- Aldine ISD
- Alief ISD
- Houston ISD
- Lamar ISD
- Pasadena ISD



LIFTING HOUSTON

Susan and Faye Sarofim's unprecedented gift paved the way for our new home of world-class trauma and critical care.

Nearly seven million people. That's the population of the Houston metropolitan area Memorial Hermann serves. Experts say that number could more than double, to 14 million, by 2050. So how does a hospital system that provides an elite level of critical care keep pace?

Part of the answer lies in finding a way to condense time and space, to deliver care without a single wasted motion. It's no easy task. But, due in great part to an unwavering commitment from generous donors, Memorial Hermann is on the verge of opening a facility that will do exactly that.

BUILT TO SAVE TIME

When it opens in 2020, the Susan and Faye Sarofim Pavilion will be home to the legendary Red Duke Trauma Institute at Memorial Hermann-TMC, one of only two Level 1 trauma centers in Houston, along with the John S. Dunn Burn Center, Memorial Hermann Life Flight® and other critical care services.

Its 17 stories add more than a million square feet to the hospital. The design of the space provides a logical, efficient flow from entrance – at street level or from the four-space roof helipad – to the 16 new emergency room bays, the 25 state-of-the-art surgical suites and the 148 new beds. Seven shelled floors can be customized to accommodate future needs.

NOTHING LEFT TO CHANCE

Planners analyzed specific health conditions to determine how to lay out the new space. Treating a comprehensive stroke patient, for example, requires the quickest door-to-balloon time. That led to the strategic placement of surgical suites.

148

NEW PATIENT
BEDS, WITH
ROOM FOR
MORE

“The Sarofim Pavilion allows us to streamline the treatment process. It is also designed with family members in mind, who are so important to healing patients.”

Greg Haralson,
Senior Vice President
& CEO, Memorial
Hermann-TMC

22

NEW
OPERATING
ROOMS

3

SPECIALIZED
OPERATING
ROOMS FOR
TRAUMA,
NEUROLOGY,
PEDIATRICS

18

OPERATING
ROOM
RENOVATIONS

UNPRECEDENTED DONATION

The September 24, 2018, topping-out ceremony provided an opportunity to thank the donors and bring them together with some of the medical professionals who provide world-class trauma and critical care to Houston.



The evening was a chance to recognize Susan and Faye Sarofim in particular. The couple donated \$25 million for the project, the largest gift Memorial Hermann has ever received. Susan worked tirelessly raising funds for the new tower, both in her capacity as chair of the Memorial Hermann Foundation board between 2015 and 2017, and when she passed along duties to Jim Postl, the new chair, who helped secure funding for the relocation of Life Flight to the pavilion.

REAL-LIFE REMINDER

The ceremony itself included several planned activities, but one unplanned event drove home the importance of the new tower. A Life Flight helicopter carrying a critical care patient touched down in the middle of the celebration.

Susan Sarofim seized the moment. *“That was a perfect reminder of why we made our gift,”* she said. *“Memorial Hermann has to be there, always, ready to give their best to the Houston community.”*

TOPPING OUT CEREMONY

Celebrating our Lifesaving Expansion

Distinguished donors and appreciative medical professionals gathered to add their signatures to the final construction beam of the new 17-story tower, marking a milestone in the expansion and renovation of Memorial Hermann-Texas Medical Center.

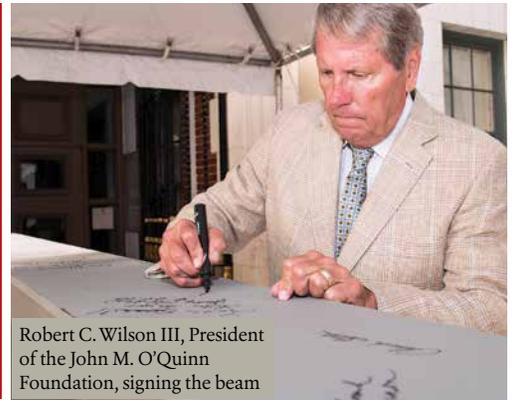


Jim Postl and Deborah Cannon signing the beam during the Topping Out ceremony



"Memorial Hermann has to be there, always, ready to give their best to the Houston community."

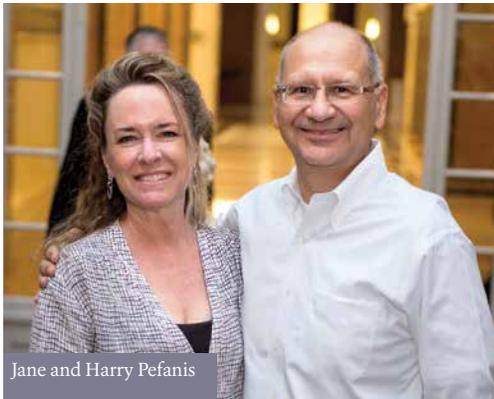
Susan Sarofim



Robert C. Wilson III, President of the John M. O'Quinn Foundation, signing the beam



Lynden Rose, Rosanna and Myron Blalock with Diane and Bill Campbell



Jane and Harry Pefanis



Sandy Barrett, Susan Sarofim, Morty Cohn, Grace Kim, David Lee and Alina Garcia



Fayez and Susan Sarofim

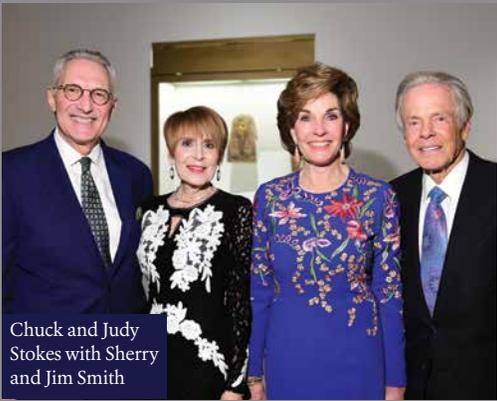


Edd and Nina Hendee

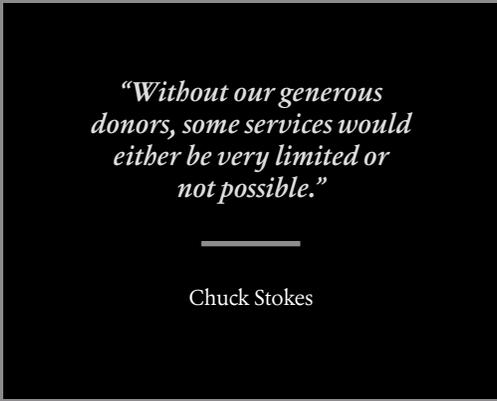
CEO'S CIRCLE DINNER

In Recognition of Annual Contributors of \$5,000+

President and CEO Chuck Stokes, Memorial Hermann Foundation Board Chair Jim Postl and celebrated trauma surgeon Michelle K. McNutt, MD, shared an evening at the Museum of Fine Arts, Houston, to honor the CEO's Circle members, whose generous gifts throughout the year support Memorial Hermann's medical miracles every day.



Chuck and Judy Stokes with Sherry and Jim Smith



"Without our generous donors, some services would either be very limited or not possible."

Chuck Stokes



Suzie and Larry Johnson



Keith and Alice Mosing



Chuck Stokes, Jim Postl, Stewart Morris Sr. with Lisa and Jerry Simon



Tony Bradfield and Kevin Black



Gwen and Ed Emmett



Grateful patient Logan Griffiths with Dr. Michelle McNutt



Anne Neeson with Margaret Alkek Williams and Bill Stubbs



SAVING GRAY

Split-second timing saves a three-year-old's life

When a typical evening turned into a life-threatening situation for the Guice family of Atascosita, first responders, Memorial Hermann Life Flight® and the Memorial Hermann trauma team made every minute count.

A parent's nightmare

There was nothing unusual about the evening. Liz Guice was getting her one-year-old daughter ready for bed. Tyler was giving their three-year-old twin boys their bath. In the few seconds it took for him to step into the hall for towels and pajamas, Gray began screaming. Tyler ran back into the bathroom to find his son standing in the middle of the floor, blood streaming out of a wound his father said looked like a bullet hole.

Gray had slipped and fallen getting out of the tub. A broken shard from a ceramic trash can had punctured his back. Tyler wrapped Gray in a towel and laid him down on the sofa. Liz called 911. Gray passed out.

"A nurse who lives across the street came over and told us to keep pressure on the wound and try to keep him awake," Tyler said. "But he was crashing, losing so much blood. My shirt was soaked through."

Critical first decisions

The 911 operator dispatched an engine crew from Houston Fire Department station 105. After a quick assessment, captain D.J. Yarbrough called Life Flight and the fire company's medics. The Life Flight crew was already in the air and

quickly flew to the scene. With no time to set up a landing zone, the pilot set the helicopter down in an intersection two blocks away from the Guice's house. Meanwhile, HFD paramedics Stacey Lejarza and Gracie Olivares stabilized Gray. *"He was still responsive, but we could tell he was compensating,"* said Oliveras. *"He was losing a lot of blood and going into shock."*

A critical six minutes

Neither flight paramedic Brandon Crackel nor the rest of the crew had any specific information about Gray's injury before landing, but they could immediately see he was in serious trouble. His breathing was shallow and slow. They couldn't get a pulse. As soon as they were back in the air, Crackel started an IV, inserted a breathing tube and gave him blood. *"We knew we had to get him to Memorial Hermann before he went into cardiac arrest,"* Crackel said. *"We made it in six minutes. If we had not already been in the air, or if we had not had blood products on the aircraft, he probably wouldn't have made it."*

Quick action in the ED

Immediately after Life Flight landed, pediatric emergency specialist Hannah Smith, MD, performed an ultrasound on Gray and gave the three-year-old blood transfusions.

Only 12 minutes after landing, Gray was in a Memorial Hermann operating room. Trauma surgeon Ethan Taub, DO, stabilized Gray and prepared him for surgery. He and pediatric surgeon KuoJen Tsao, MD, performed the emergency operation.

Dr. Tsao said, *“The piece of pottery, shaped almost like a knife, had penetrated his back, severing the artery and vein that went to his right kidney. The kidney was basically severed. He was bleeding out from it. So, we removed it.”*

Successful surgery and recovery

Dr. Tsao went on to say that the Memorial Hermann trauma system was instrumental in saving the boy’s life. *“We’re set up to quickly triage and treat multiple trauma patients simultaneously. The speed with which we can stabilize and treat a patient, coupled with Life Flight’s ability to administer blood before a patient arrives at the hospital, likely made the difference in this case. After only six days in the hospital, the patient was released to go home, quickly recovered and is doing well.”*

Dr. Taub concurred. *“We have the best trauma system and one of the biggest Level I trauma programs in the country,”* he said. *“We treat over 8,000 trauma patients every year. In Gray’s case, everyone – the ground crew, the Life Flight crew, the ER and OR nurses and staff – worked together efficiently and effectively to save this boy’s life.”*

Winning the race against time

Clearly a lot of things had to fall into place for Gray’s story to be a successful one, and every emergency situation is unique. But Gray’s parents particularly appreciate how everyone involved responded when there was no time to spare. They believe both medical and divine intervention saved their son’s life. *“It seemed unreal, like a made-up story,”* Liz, his mother, says. *“But we knew Gray was in the best hospital on Planet Earth. A lot of people worked hard. They all showed tremendous compassion.”*

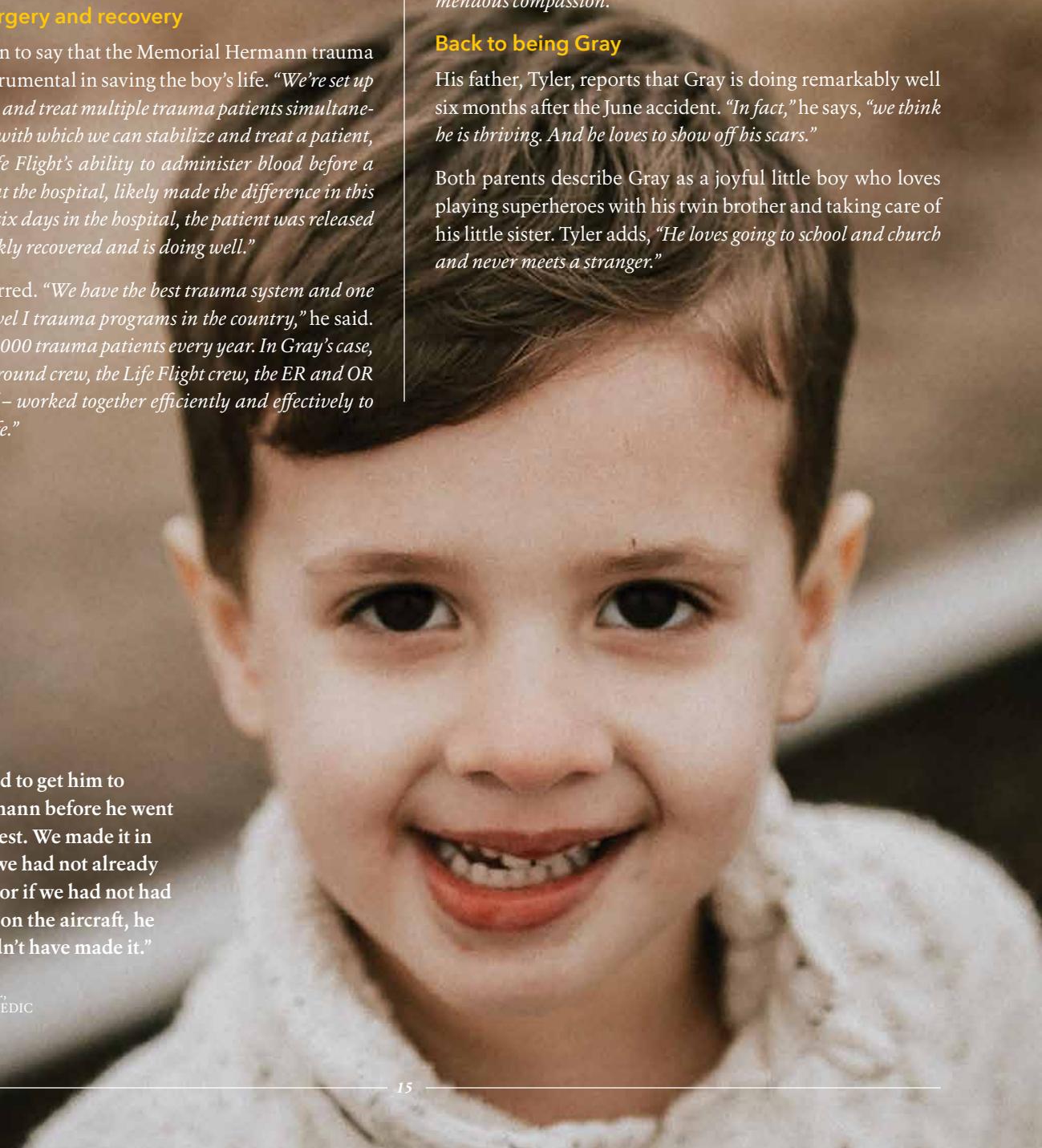
Back to being Gray

His father, Tyler, reports that Gray is doing remarkably well six months after the June accident. *“In fact,”* he says, *“we think he is thriving. And he loves to show off his scars.”*

Both parents describe Gray as a joyful little boy who loves playing superheroes with his twin brother and taking care of his little sister. Tyler adds, *“He loves going to school and church and never meets a stranger.”*

“We knew we had to get him to Memorial Hermann before he went into cardiac arrest. We made it in six minutes. If we had not already been in the air, or if we had not had blood products on the aircraft, he probably wouldn’t have made it.”

BRANDON CRACKEL,
LIFE FLIGHT PARAMEDIC





CANCER FIGHTERS

Razzle Dazzle “Goes Royal” and Raises a Record-Breaking \$500,000

The ninth annual fundraiser for the Bobetta C. Lindig Breast Care Center at Memorial Hermann Memorial City was a sold-out event, with 600 men and women packing the Westin Memorial City Hotel ballroom to share their stories; pay tribute to the late Eileen Campbell, a beloved champion of the cause; and to raise an astounding \$500,000 in support of a new advanced breast cancer surgical guidance system.

ABOVE Canopy offers free exercise classes, counseling, cooking demonstrations, massage therapy, wig and prosthesis fitting and more in a warm, comfortable space to any individuals on their cancer journey.

In the Pink of Health Luncheon Shares the Wealth

Another record-breaking event featuring the inspirational stories of Houstonians Amy and Tom Hauser and American figure skater and Olympic gold medalist, Scott Hamilton, the 2018 Memorial Hermann *In the Pink of Health* luncheon allowed more than \$500,000 to be invested in the community through partnerships with Interfaith Community Clinic, The Rose and Ovarcome.

Additionally, the event provided continued support for the Memorial Hermann Breast Center and Canopy Cancer Survivorship Center, which provides services to patients, survivors and caregivers at no charge.

RAZZLE DAZZLE

1
Bobbetta Lindig
with granddaughter
Kate Lindig

2
Razzle Dazzle Chair,
Bobbie Nau

3
Regina Garcia and
Philamena Baird

4
Meghan Leggett,
Doug Perley and
Kathleen Perley

5
Marcy Taub Wessel,
Kimberly Scheele,
Jo Lynn Falgout and
Christine Falgout

6
Anne Neeson, Jenny
Packham, Julie Roberts
and Bobbie Nau

7
Mary Theresa Derr,
Trini Mendenhall and
Carol Sawyer



IN THE PINK

8
In the Pink of Health Committee

9
Co-Chair Cheryl Brady,
Scott Hamilton, Co-Chair
Tiffany McClung, and Josh Urban,
SVP & CEO Memorial Hermann
The Woodlands Medical Center



SOULMATES FOR LIFE

Philanthropists Ann and Clarence P. Cazalot Jr.
never forget their roots or their blessings.

Some would call their life charmed. They will tell you they've been fortunate. The truth lies somewhere in between. Ann and Clarence Cazalot's life together has been an adventure of incredible highlights, but with some serious personal challenges along the way. Through it all, these former high-school sweethearts remain an inspiration to everyone who has had the pleasure to know them.

"We've been together since we were 16," says Ann, and without missing a beat, Clarence chimes in, *"Yes, but we're only 32 now, right?"*

They play off one another with an easy grace, each happy to give the other the floor and plainly used to sharing the spotlight.

They grew up in Louisiana, a state they still care deeply about. As evidence, a huge LSU flag stands prominently in the pool area of the beautiful backyard of their home in Memorial. The first in his family to attend college, Clarence credits his parents' work ethic and his education at Louisiana State University for his illustrious rise through the global ranks of Texaco and Marathon Oil.

He retired as CEO in 2013, allowing him more time to give back to causes he believes in and to serve on the boards of the LSU Foundation and Memorial Hermann Health System, among many others.

The Cazalot's relationship with Memorial Hermann began shortly after they arrived in Houston, in 1973, when their first son was born at the original Hermann Hospital. Their commitment to support Memorial Hermann came years later, and for very different reasons.

"1 in 8 women will get breast cancer in their lifetime, so it's important to keep raising funds and awareness for it." ANN CAZALOT

Ann survived a rare form of breast cancer and, more recently, a frightening bout with giant cell arteritis, an autoimmune disorder. The event could have easily left her permanently blind had it not been for the exceptional skills and timely intervention of Memorial Hermann's affiliated doctors from McGovern Medical School at UTHealth.

"We love them," she says, sincerely. *"They saved my life. They saved my sight."*



Ann is best known for her work with Memorial Hermann Foundation. Her firsthand experience with breast cancer taught her how difficult and impersonal the fight could be. One fateful afternoon, she and fellow breast cancer survivors – Donna Vallone, Karen Stall and Suzie Johnson – met Bobetta Lindig, who shared her vision of a facility designed to cater to women with breast cancer in a whole new way.

“We all had a passion for doing something to make a difference. Bobetta wanted to create a cozy environment with caring support for the ladies who we all knew were scared enough going into these situations,” Ann says.

Ann, Donna, Karen and Suzie co-chaired the inaugural *Razzle Dazzle Pink!* luncheon in 2010, benefiting the Bobetta Lindig Breast Care Cancer Center at Memorial Hermann Memorial City Medical Center. The luncheon, now a signature Houston event, has raised more than \$2.6 million to support breast cancer awareness and innovative services.

Clarence shares 40 years of business experience in his roles on the board and as chair of the Memorial Hermann

Finance Committee. Knowing that healthcare can be as unpredictable as the price of oil, he’s pleased to see the organization back on a strong financial track, ready to provide advanced technology and quality care for the next generation of Houstonians.

“We have everything we need to be successful in the future,” he says. *“We have to continue to be nimble, not just responding to changes, but anticipating them.”*

Some of his proudest work has been promoting Life Flight’s phenomenal services and facilitating the addition of specially equipped pediatric helicopters to the fleet.

“We feel the need to give back to our community, the University, health care institutions. That’s been what drives our philanthropy.” CLARENCE CAZALOT

Together, Ann and Clarence have supported Memorial Hermann with their time and talent, as well as personally contributing nearly \$3 million in support of the new Susan and Faye Sarofim Pavilion, the relocation of Life Flight, the Breast Cancer Center and so much more.

In Louisiana, where state funding for their beloved LSU has declined, Clarence is excited about helping to launch a strategic campaign intended to raise more than \$1 billion to allow the University to address critical issues and improve life for the citizens of Louisiana.

“Why wouldn’t we do it?” Clarence says. “We’ve been so fortunate, and it’s such an incredible privilege to help save lives and improve communities.”

This special couple leads a busy life in retirement, and both seem to thrive on the activity. Now that Ann is feeling better, she’s eager to get back to a more active lifestyle.

They have a place in Baton Rouge, which is where you’ll find them during the LSU Tigers football season. And then, there is their beach place in Florida, Ann’s “happy place,” where they can get together with their three children, their spouses and five grandkids. It’s hard to tell which lights up Ann’s face more, the mention of her retreat on the barrier island of Longboat Key or her grandchildren.

“We’re honored to have Clarence and Ann Cazalot as an integral part of the Memorial Hermann family. They view Memorial Hermann as one of their prize possessions that they share with the Houston community.” CHUCK STOKES

After decades of business travel that took him to 45 countries, Clarence admits he could live without seeing the inside of another airport. *“I can sit in my backyard by the pool and relax,”* he says, smiling. But, of course, he’s willing to go if that’s on Ann’s bucket list. They plan to start with a trip to Hawaii this summer and, if Ann has her way, to see more of the world together soon after.

Chances are good, Clarence won’t be kicking his feet up poolside quite as much as he’d imagined.





HEROES IN HEALTH

Memorial Hermann is all that it is today thanks in very large part to its donors' generous spirit. In 2019, we look forward to celebrating them through our new *Heroes in Health* society for individual donors who make annual contributions of \$1,000 or more in support of our mission.

Heroes enjoy an array of benefits and invitations to exclusive events with our leadership and affiliated physicians.

LEVELS OF GIVING

\$1,000 • \$2,500 • \$5,000 • \$10,000
\$25,000 • \$50,000 • \$75,000 • \$100,000+

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Memorial Hermann Foundation

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Mark Your Calendar

Life Flight Picnic
Sunday, April 7, 2019

•

Circle of Life Gala
Saturday, May 4, 2019

•

Razzle Dazzle
Thursday, October 10, 2019

•

In the Pink
Friday, October 18, 2019



PHOTO: CELEBRATING OUR PAST, PRESENT AND FUTURE
The carefully restored original Hermann Hospital entrance and courtyard, a fitting choice for the topping out reception for the new Susan and Faye Sarofim Pavilion.